

WEBINAR ON YOUTH AND PREVENTION OF SUBSTANCE ABUSE

A REPORT



Centre for Tribal & Northeastern Youth Development (CTNEYD)

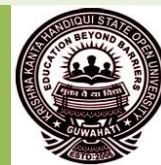
Rajiv Gandhi National Institute of Youth Development (RGNIYD)

(Institute of National Importance by the Act of Parliament No. 35/2012)

Ministry of Youth Affairs & Sports, Govt. of India

Sriperumbudur 602105

Tamilnadu.



Centre for Tribal & North-eastern Youth Development (CTNEYD)

In collaboration with

Department of Sociology, RGNIYD

&

Krishna Kanta Handiqui State Open University (KKHSOU)

Guwahati, Assam

REPORT

WEBINAR ON YOUTH AND PREVENTION OF SUBSTANCE ABUSE

28 February 2022

A Webinar on **Youth and Prevention of Substance Abuse** was organised by the Centre for Tribal & North-Eastern Youth Development (CTNEYD,) Rajiv Gandhi National Institute of Youth Development (RGNIYD) in collaboration with the Department of Sociology, RGNIYD and Krishna Kanta Handiqui State Open University (KKHSOU), Guwahati, Assam on 28th February, 2022. The participants of the webinar were student and non-student youth, academicians, youth representatives, etc from various parts of the country and majorly from the Northeast. The webinar commenced with a brief welcome note by Ms. Avinu Veronica Richa, Coordinator (CTNEYD) and Assistant Professor, Dept of Sociology, RGNIYD who also introduced the objectives of the webinar.

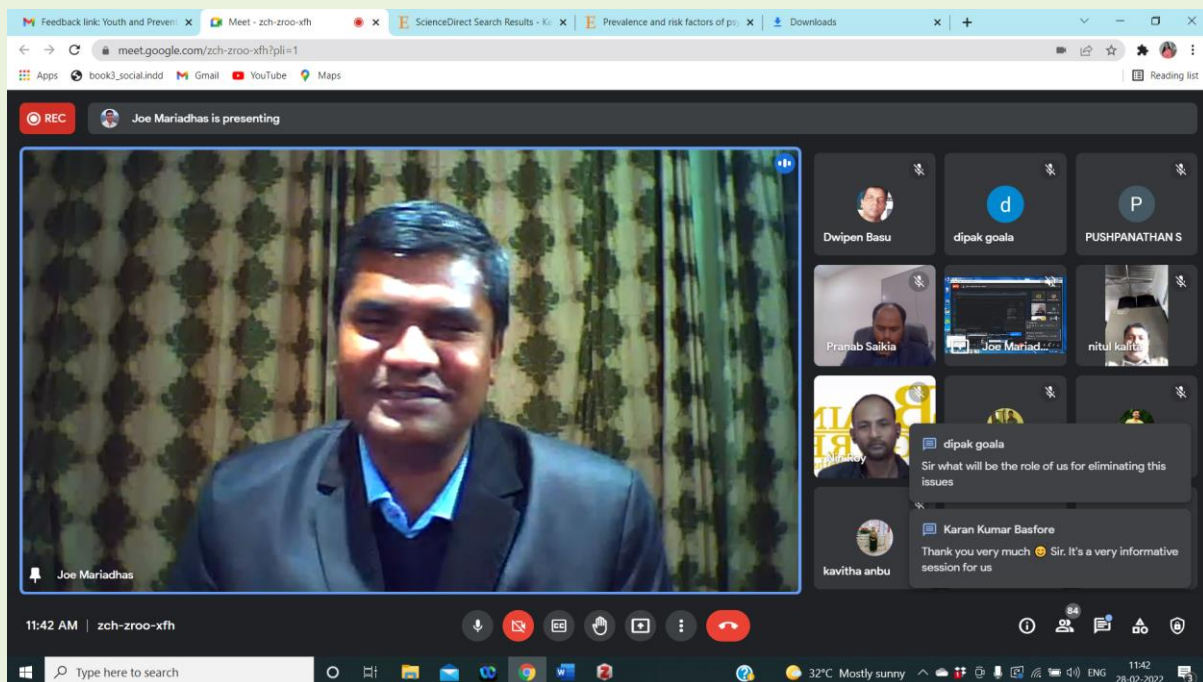
Objectives of the webinar:

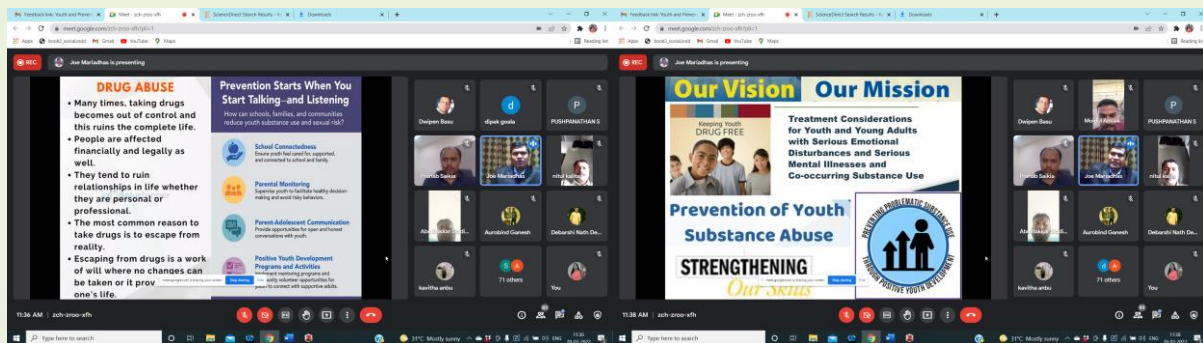
- To raise awareness about substance use prevention among young people
- To inform the importance of adopting a positive and healthy lifestyle for substance use prevention
- To inform the support systems available in managing substance use and mental well being

Prof. Nripendra Narayan Sarma, Vice Chancellor (i/c), KKHSOU welcomed all the members and participants of the webinar, and delivered the special address. Prof. Sarma highlighted the different ways in which there was use and abuse of various substances by the youth today and emphasised some of the economic and legal aspects related to the use of such substances in the society. He encouraged the young audience to work towards healthy living and adopt a positive approach towards life.

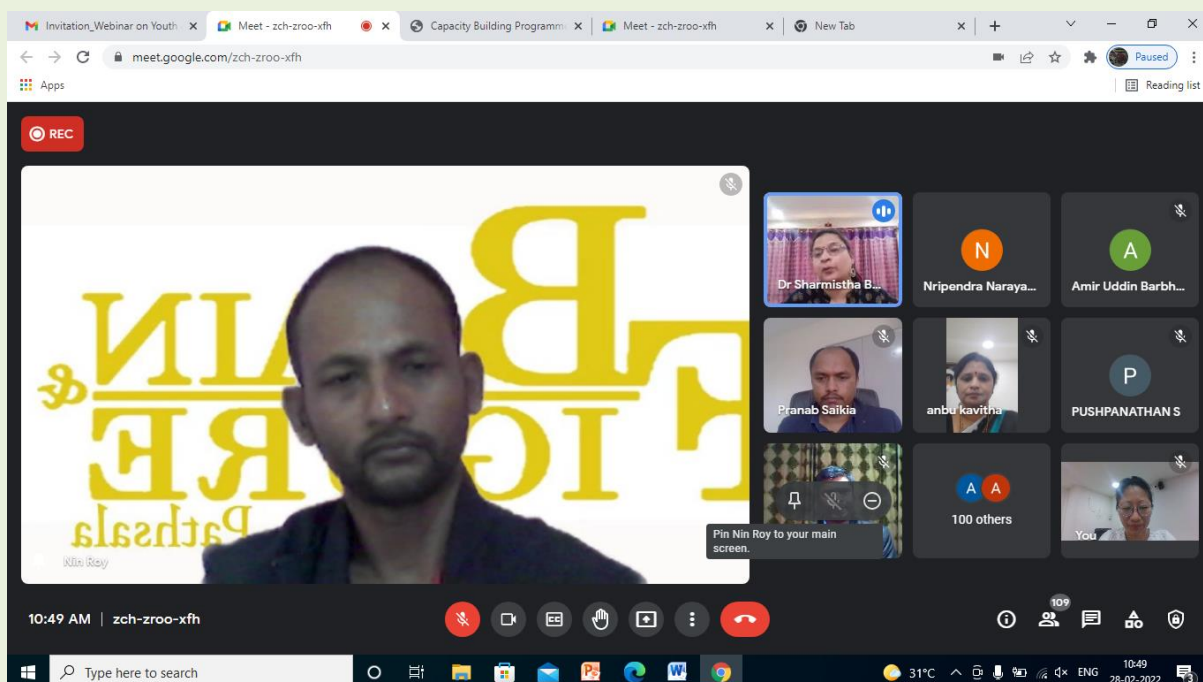


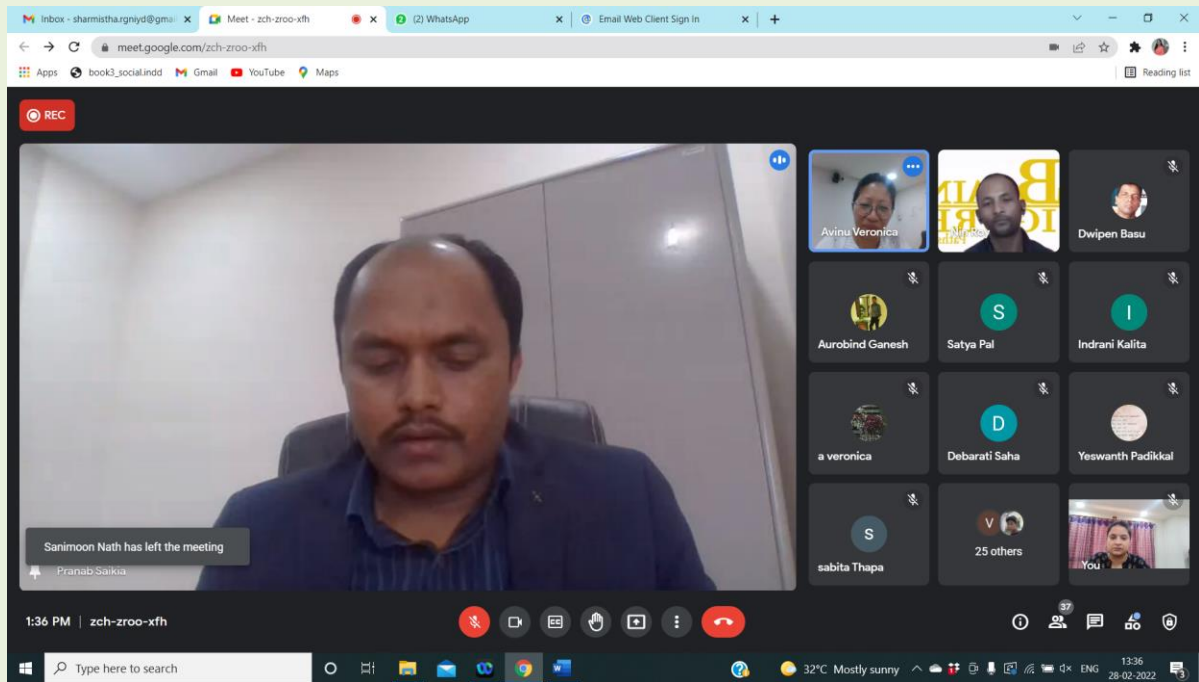
This was followed by a session on **Substance Abuse and its Effects on Youth** which was delivered by Fr. (Dr.) Joe Mariadhas, Principal, Loyola Hr. Sec. School, Kiphre, Nagaland who provided an overview on the status of substance use and abuse among the youth of Northeast India and underlined the high percentage of drug use in some of the states in India and among which the North-eastern region is ranked among the top. He presented the different substances of initiation such as alcohol, opium, drug abuse, etc and stressed upon the harmful effects of these substances on the physical health and also the mental health of youth. He stated the various causes of drug abuse among the youth, its diverse signs and cycle of addiction besides the psychological and physical symptoms of drug abuse. In conclusion he challenged the youth to have a clear vision and mission in life to prevent any substance misuse among the young people.





A session on **Substance Abuse and Prevention, Support Mechanism and Way Forward** was delivered by Mr. Khanin Roy, Founder and Director, Brain & Figure, Pathsala, Assam. Mr. Khanin provided a brief statistical data of the Government of India, 2019 on alcohol consumption in India and also touched upon the problem of drug abuse among the youth. In his presentation he elaborated the huge gap between the use of drugs and its treatment services provided by the government. He highlighted various ways of preventing drug abuse by seriously adopting practical means instead of taking up only awareness measures. He also mentioned activities such as Yogasana, spirituality, games and other activities as healthy and practical prevention strategies besides raising awareness especially among the youth.





The webinar concluded with the vote of thanks proposed by Dr. Pranab Saikia, Associate Professor and Director (i/c), Indira Miri School of Education, KKHSOU and by Dr. Sharmistha Bhattacharjee, Associate Professor and Head, Department of Sociology, RGNIYD. All the sessions were interactive in nature and led by the active participation of the participants. More than a hundred participants took part in the webinar.

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WEBINAR POSTER



राजीव गाँधी राष्ट्रीय युवा विकास संस्थान
RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT
SRIPERUMBUDUR, TAMIL NADU - 602105, INDIA

Centre for Tribal & North-Eastern Youth Development (CTNEYD)

In collaboration with
Department of Sociology, RGNIYD
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Krishna Kanta Handiqui State Open University, Guwahati



WEBINAR ON YOUTH AND PREVENTION OF SUBSTANCE ABUSE

28 February, 2022 | Time: 10:30 AM - 01:30 PM

Inaugural Address



Prof. Sibnath Deb
Director
RGNIYD

Special Address



Prof. Nripendra Narayan Sarma
Vice Chancellor I/c,
Krishna Kanta Handiqui State
Open University, Guwahati

Resource Persons



Dr. Fr. Joe Mariadhas
Principal
Loyola Hr. Sec. School, Kiphire
Substance Abuse & It's Effects on Youth



Mr. Khanin Roy
Founder & Director
Brain & Figure, Pathsala
Substance Abuse Prevention, Support Mechanism
& Way Forward

Registration Link:
<https://bit.ly/3521OUD>

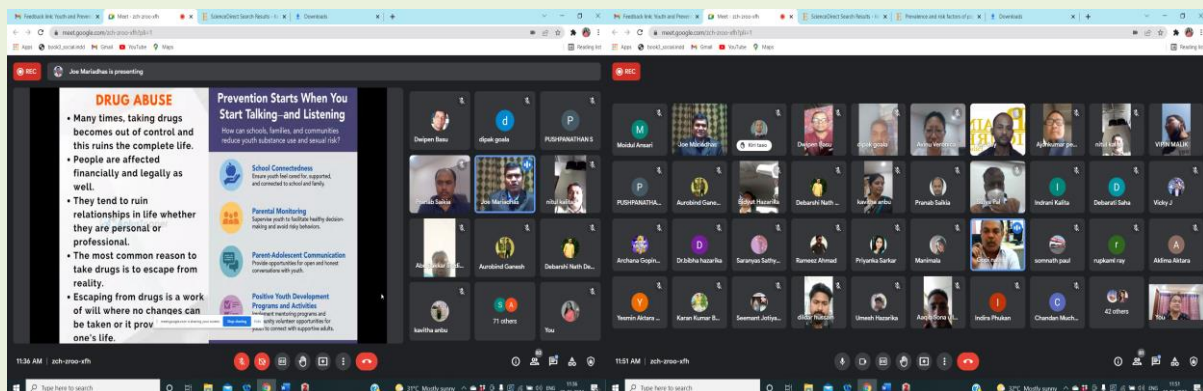
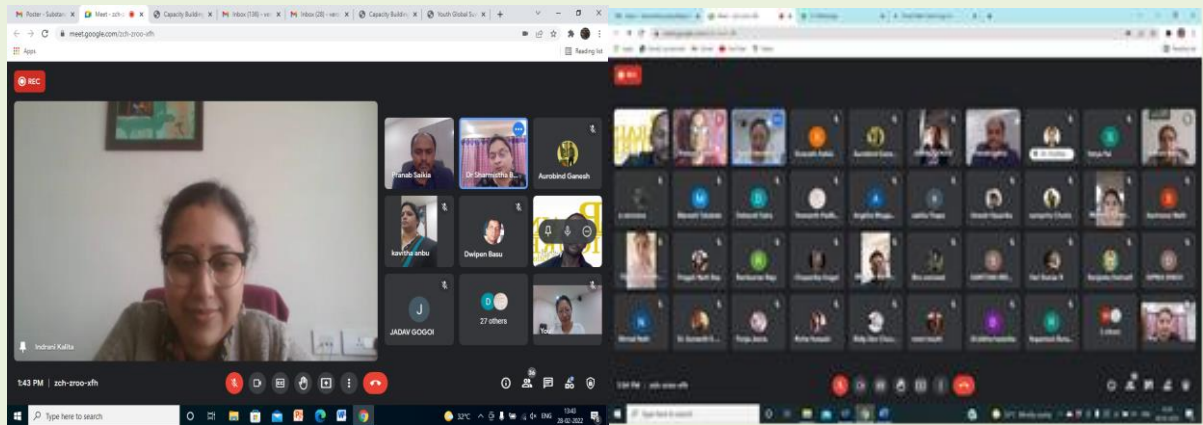
Programme Link:
<https://meet.google.com/zch-zroo-xfh>

For more details:

Email: veronicarg100@gmail.com | Contact: +91-8220585208

www.rgnyd.gov.in

WEBINAR SNAPSHOTS



ROGRAMME SCHEDULE

Webinar on Youth and Prevention of Substance Abuse

28th February 2022

Platform: Google Meet

Date	Time	Programme	Details
28.02.22 Monday	10.30am - 1.30pm	About the Programme	Avinu Veronica Richa Coordinator, CTNEYD Assistant Professor, Dept. of Sociology RGNIYD
		Inaugural Address	Prof. (Dr.) Sibnath Deb Director, RGNIYD
		Special Address	Prof. (Dr.) Nripendra Narayan Sarma Vice Chancellor (i/c) Krishna Kanta Handique State Open University (KKHSOU) Guwahati, Assam
		Session I: Substance Abuse: Types, Prevalence, Its effects on Youth-Substance Use Disorders	Fr. Joe Mariadhas Principal, Loyola Hr. Sec. School, Kiphire Nagaland
		Session II: Substance Use and Abuse: Prevention, Support Mechanism, Way Forward	Mr. Khanin Roy Founder, Brian and Figure Pathshala, Assam
		Vote of Thanks	Dr. Pranab Saikia Director (i/c), Indira Miri School of Education, KKHSOU, Guwahati
