



Course Report

Online Training Programme on Engaging Youth & Adolescents in Disaster Risk Management (DRM) & Climate Change Adaptation (CCA)

8 - 10 JUNE, 2022

Conducted by

RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT
(INSTITUTION OF NATIONAL IMPORTANCE BY THE ACT OF PARLIAMENT NO. 35/2012)
MINISTRY OF YOUTH AFFAIRS & SPORTS, GOVERNMENT OF INDIA
SRIPERUMBUDUR, TAMIL NADU - 602105, INDIA
www.rgniyd.gov.in

In Collaboration with

NATIONAL INSTITUTE OF DISASTER MANAGEMENT
(MINISTRY OF HOME AFFAIRS, GOVERNMENT OF INDIA)
www.nidm.gov.in

Report Prepared By
Dr. Sharmistha Bhattacharjee
Head, Department of Sociology, RGNIYD

About the Training Programme

A Three-day Online Training Programme on Engaging Youth & Adolescents in Disaster Risk Management (DRM) & Climate Change Adaptation (CCA) was organized by the Department of Sociology, Rajiv Gandhi National Institute of Youth Development in collaboration with the National Institute of Disaster Management, Ministry of Home Affairs during 8-10 June 2022.

Background

WHO defines 'Adolescents' as individuals in the 10-19 years age group and 'Youth' as the 15-24 year age group. While 'Young People' covers the age range 10- 24 years. In India, as per Census 2011, adolescent population (10-19) is 253.2 million and that of the youth (15-24) is 231.9 million, constituting 20.9 per cent and 19.2 per cent of the total population respectively. The population of the youth (10-24) is 364.6 million (30.1%). Adolescents/Youth can make important contributions to Disaster Prevention, Mitigation, Preparedness and response activities. With this huge demographic dividend, it is recognized that young people are a transformative force for social change and progress in India and around the world. With the risks and vulnerabilities young people face, especially in disaster situations, it would be short-sighted to view Adolescents/Youth simply as victims or passive beneficiaries of assistance but it is to be realized that the contribution of Adolescents/Youth in disaster response is considerable and crisis situations can actually prove to open up new spaces for young people to contribute in ways that are meaningful and empowering. Though rarely acknowledged or recorded, young people have the social and cultural resources for adaptation and have exhibited tremendous courage, resilience, and leadership skills in disaster situations. Tsunami, Kerala Flood, Cyclone Fani, Cyclone Gaja, etc are examples of Adolescents/Youth positive involvement in natural disasters and crisis situations. There are many examples of Adolescents/Youth serving networks who, immediately following a disaster, have volunteered their services to help rebuild their communities.

Youth & Adolescent Institutions and Volunteers

The Government of India has promoted various Adolescents/Youth forums such as the National Service Scheme (NSS), Bharath Scouts and Guides, Nehru Yuva Kendra Sangathan (NYKS), National Cadet Corps (NCC) and the Indian Red Cross Society to promote volunteerism and involve Adolescents/Youth in community development work. A large number of Adolescents/Youths were enrolled as volunteers in the above mentioned forums and they were actively engaged in Disaster Risk Management activities. A snapshot regarding the membership of Youth and Adolescents in various Youth related organizations in India is given below.

S.No	Organization	No. of Members
1	National Service Scheme	3925500
2	Nehru Yuva Kendra Sangathan	3528642
3	Bharath Scouts and Guides	3395139
4	National Cadet Corps	1281298
5	Civil Defence Volunteers	425000
6	Indian Red Cross Society	DNA
	Total	12555579

Source: Ministry of Youth Affairs and Sports

Purpose of the Training

The above data on Youth & Adolescence volunteers in various Youth related forums is evident for the potential of Adolescents and Youth to be engaged as volunteers in Disaster Risk Reduction (DRR) activities. The Youth and Adolescents can be effectively involved in DRR activities with proper guidance and support. Considering the huge potential of Youth and Adolescents in Disaster Risk Reduction and Management services, it is very important to train the officials, stakeholders who guide and lead young people in various forums. The trained officials can guide the young people and engage them effectively in DRR related activities.

Target Audience

This training module is designed for coordinators and programme officers and volunteers of various Adolescents/Youth forum such as National Service Scheme (NSS), Nehru Yuva Kendra Sangathan (NYKS) and youth from various institutions.

Aim of the Training

Aim of this training programme is to build the capacity among the Adolescents/Youth coordinators on Basic concepts of Disaster risk management and strengthening the mechanism for effective involvement of Adolescents/Youth in Disaster Risk management activities. The trained officers will teach their learning in to their Youth & Adolescents volunteers and engage Youth & Adolescents in disaster risk reduction activities.

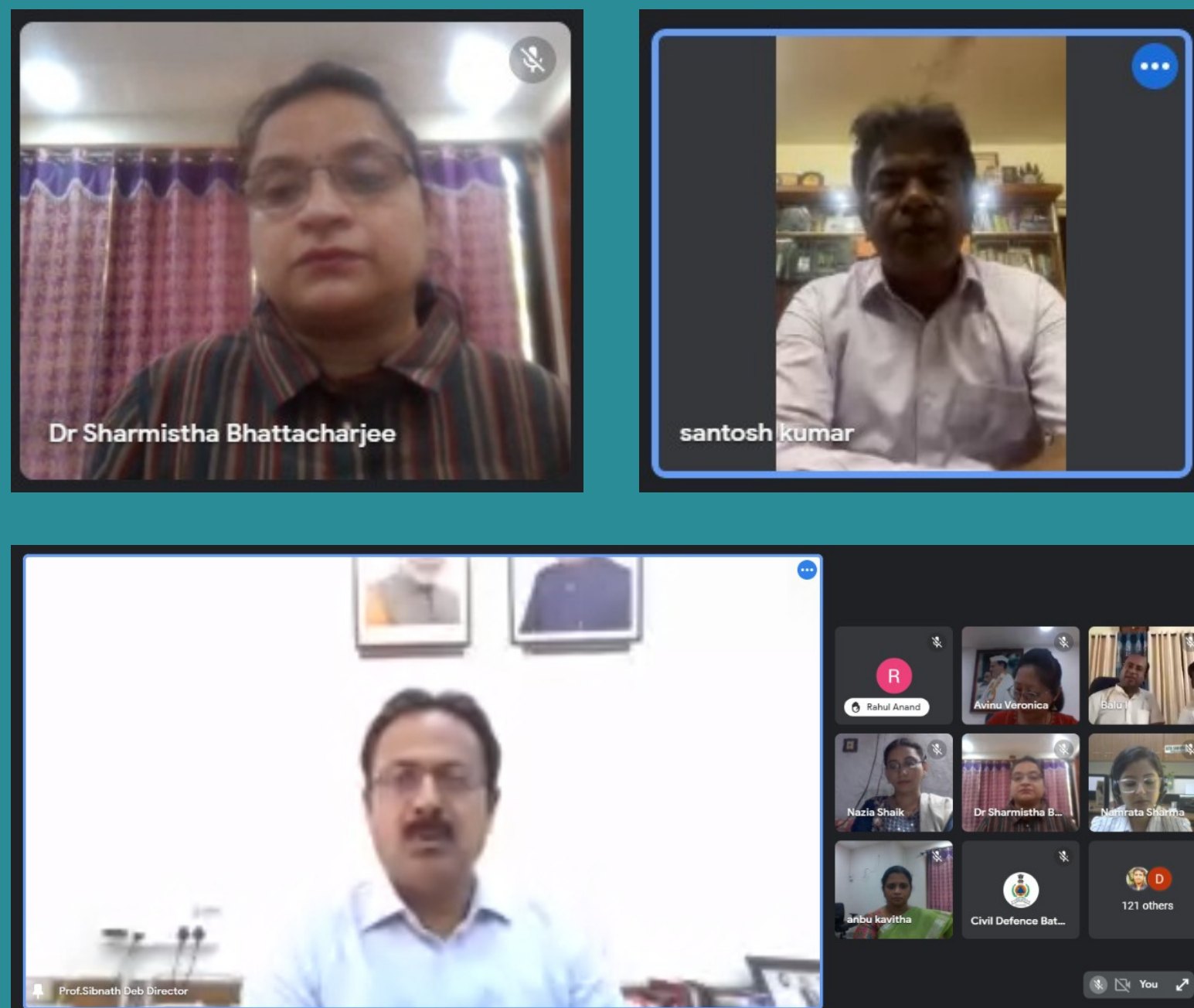
Objectives

- To provide the conceptual and process of Disaster Risk Management
- To motivate the Youth & Adolescents towards volunteerism in Disaster Risk Management
- To realize the potential and role of Youth and Adolescents in Disaster Risk Management

Programme Details

The training was scheduled for three days via online mode covering various sessions on Disaster Risk Reduction for about two hours from 11 AM to 1 PM each day. The three day programme began with the welcome address by Dr. Sharmistha Bhattacharjee, Associate Professor and Head, Department of Sociology who also provided the background of the training programme. Dr. Santosh Kumar, Professor and Head, CCDRR in his opening remarks appreciated the RGNIYD for extending collaboration with the NIDM on such an important cause. Prof Santosh highlighted the various programmes of NIDM dedicated to the cause of Disaster Risk Reduction and emphasized the significance of such a training programme targeting the youth of the country. He encouraged the participants to make the best use of the opportunity provided through the platform. Prof. Sibnath Deb, Director, RGNIYD delivered the inaugural address wherein he appreciated both the organizing teams from RGNIYD and NIDM for collaborating together on such a relevant topic. He emphasized upon the need for young people to be meaningfully engaged in various activities and especially involving young people in disaster mitigation as the need of the hour.

Prof. Deb also highlighted the role of youth in various disaster management programmes across the country and motivated all the participants to have a positive mind set which is essential not only for their individual development but for the growth and development of the nation as a whole.



Session - 1: COVID-19 Dos And Don'ts

Ms. Namrata Sharma
Counselling Psychologist, CCDRR, NIDM

Aim: To give deep information regarding the Mental Wellbeing of Youth and Adolescents in DRM

Ms. Namarata started her lecture providing a background of the Covid situation in the country citing 2021 data (In India, there have been 27,1 57,795 cases confirmed, 3,11388 people have died and 24,350816 people have recovered as on 26 may 2021.) She tried to explain the symptoms of covid 19 as represented in the slide below. She clearly elucidated the Dos and Don'ts of Covid-19 and explained each point in detail. She also emphasized on home quarantine tips, helpline numbers, and protection of child and presented an alphabetical representation of Covid protocols. Her lecture was interesting and informative.



Background

Resilient India - Disaster Free India

- The first case of corona virus took place on 1 December 2019 in Wuhan, China- a man who was 55 years old.
- In India was reported on **30 January 2020**
- All children, of all ages, and in all countries, are being affected
- In India, there have been **24,052 (0.06%)** active cases, **5,24,692 (1.22%)** people have died and over **4,26,28,073 (98.73%)** people have recovered as on date on 6th June 2022

Source-<https://www.mohfw.gov.in/> & mygov.in

National Institute of Disaster Management

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Civil Defence Batala Pb.

Namrata Sharma

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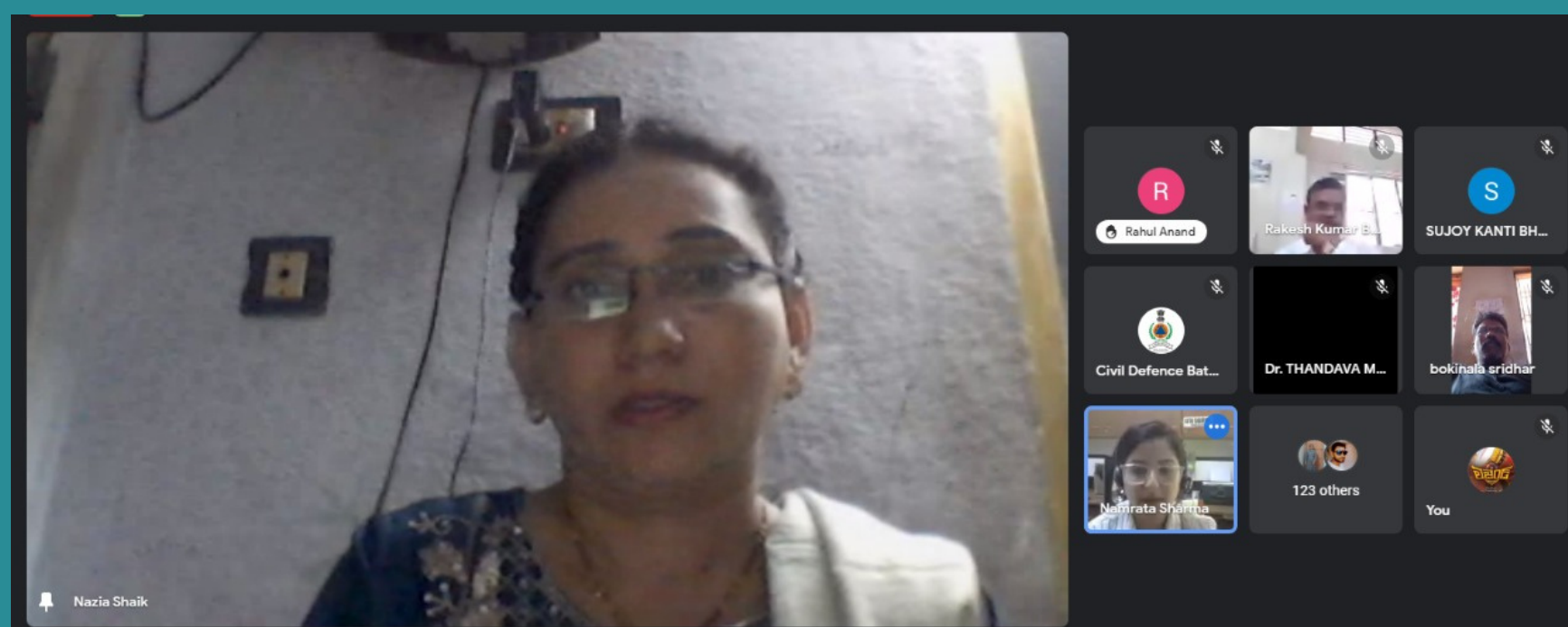
134 others

Session - 2: Role of Youth Organization in Disaster Risk Management

Ms. Nazia Shaik
JRO, CCDRR, NIDM

Aim: To provide deep information regarding the Role of Youth Organization in Disaster Risk Management

Ms. Nazia Shaik delivered a session on the topic Role of Youth Organization in Disaster Risk Management and emphasized the role of youth led organizations playing various roles in disaster risk management such as the National Service Scheme, Nehru Yuva Kendra Sangathan, Bharath Scouts and Guides, National Cadet Corps, Civil Defense Volunteers, and the Indian Red Cross Society. Further, she highlighted the role of youth organization towards creating awareness, acting as change makers and bringing in creativity. She also highlighted the activities of youth in different roles in disaster risk reduction such as Assessing community vulnerabilities, risks, and capacities; Preparedness and mitigation; Response; Recovery and rehabilitation; and Environmental Protection. Ms. Shaik also provided case examples of youth organizations participating and assisting in various relief measures during disasters like floods, accidents, etc.



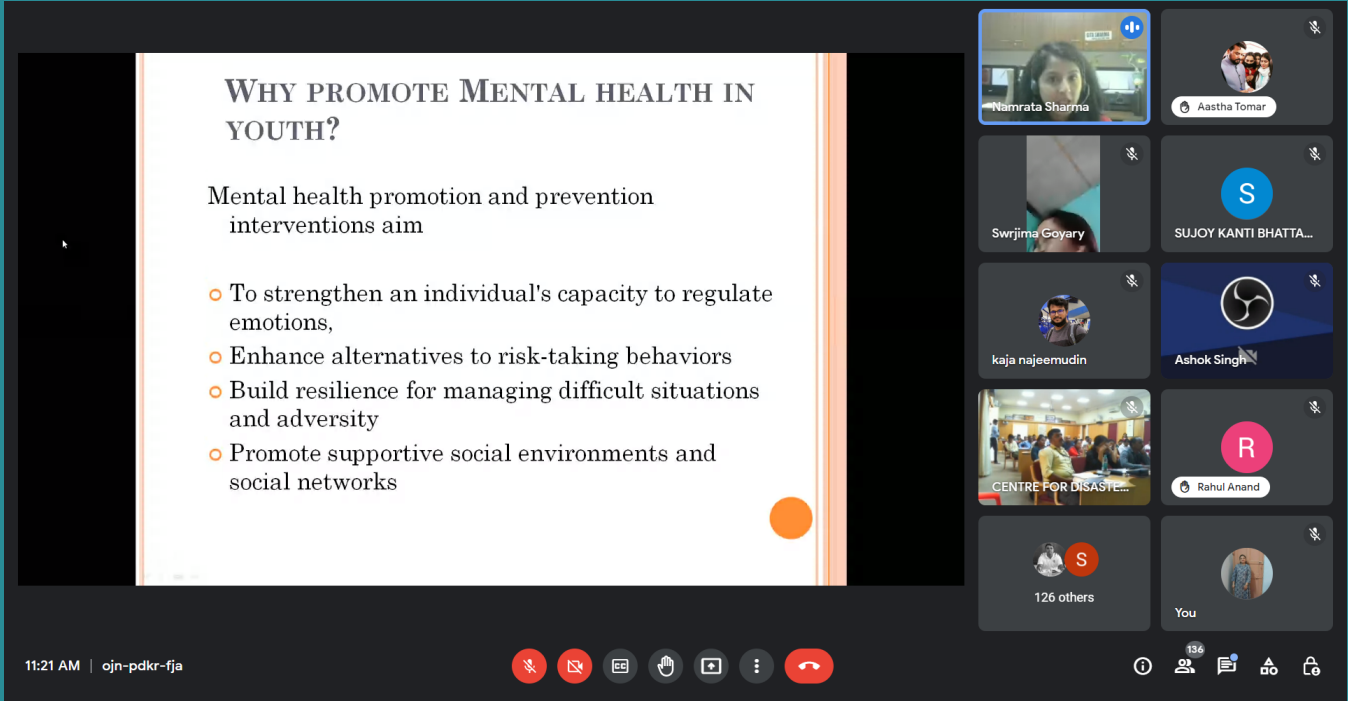
Session - 3: Mental Wellbeing of Youth & Adolescence in Disaster Risk Management

Ms. Namrata Sharma
Counselling Psychologist, CCDRR, NIDM

Aim: To give deep information regarding the Mental Wellbeing of Youth and Adolescents in DRM

Ms. Namrata Sharma started her lecture by presenting the facts from WHO and spoke on Mental Wellbeing of Youth & Adolescence in DRM. She stated that globally, one in seven 10-19 year-olds experience a mental disorder accounting for 13% of the global burden of disease in this age group. Depression, anxiety and behavioral disorders are among the leading causes of illness and disability among adolescents. Suicide is the fourth leading cause of death among 15–19-year-olds. The consequences of failing to address adolescent mental health conditions extend to adulthood, impairing both physical and mental health and limiting opportunities to lead fulfilling lives as adults. She concentrated on Factors important for Healthy Mental Wellbeing, Factors Affecting their Mental Health and Common Types of Disorders during Adolescence. Through instances she elucidated the various types of disorders. The speaker also emphasized on building positive mental health and proposed some measures such as Eat, Hydrate, Exercise, and get rest on a regular basis, and how taking care of one's body reduces the negative effects of stress. Avoid using alcohol, tobacco and other drugs to manage distressing emotions because these substances often make things harder in the long-run and can cause problems.

Also the need to find healthy ways to relax, such as breathing exercises, meditation, mindfulness, calming self-talk, soothing music, etc. Engage in fun and restoring activities, including exercise, hobbies and social activities. Keep informed about new information and developments; and the use of credible sources of information to avoid speculation and rumours. The session was enjoyed by the participants.

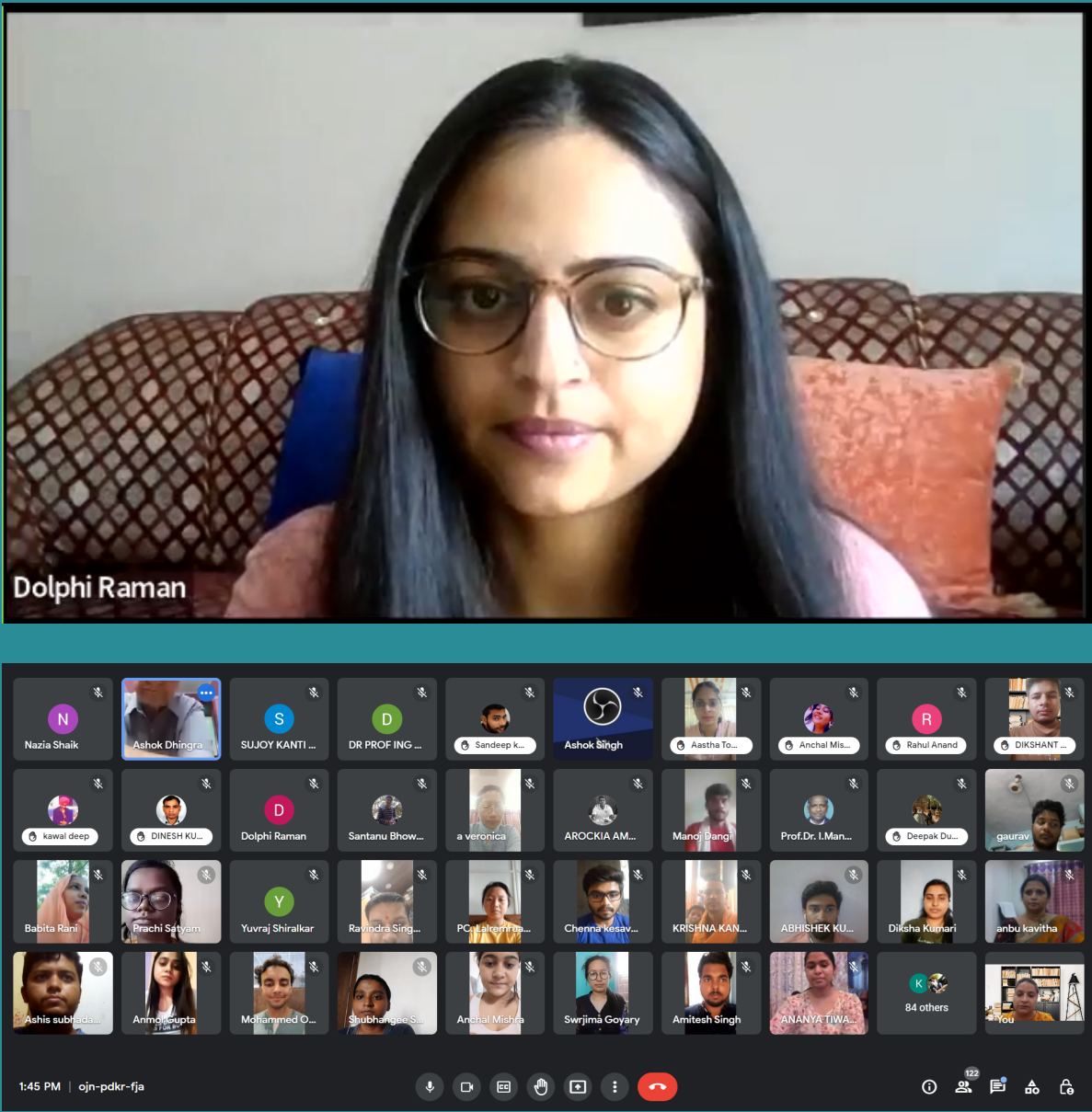


Session - 4: Engaging Youth & Adolescent Volunteers in Disaster Risk Management (DRM)

Ms. Dolphi Raman
DRR Consultant, CCDRR, NIDM

Aim: To enlighten the participants about Engaging Youth & Adolescents Volunteers in DRM

Ms. Dolphi Raman started with definition of volunteerism and pointed out the role of youth in Volunteerism and the thankless job of volunteering by contributing an individual's valuable time and efforts for a needy without any financial gains. She also emphasised the need of the young people to be engaged in the global peace and sustainable development. A highly appreciable statistics which she revealed during her session is that youth contribute over 3.5 billion per year in volunteering. Ms Raman explained different types of volunteerism and its importance. Ms. Dolphi talked about the psychological and mental health benefits of volunteerism which in turn will engage the youth in positive manner. 13 strategies for youth engagement and modes of participation were also highlighted in her lecture.

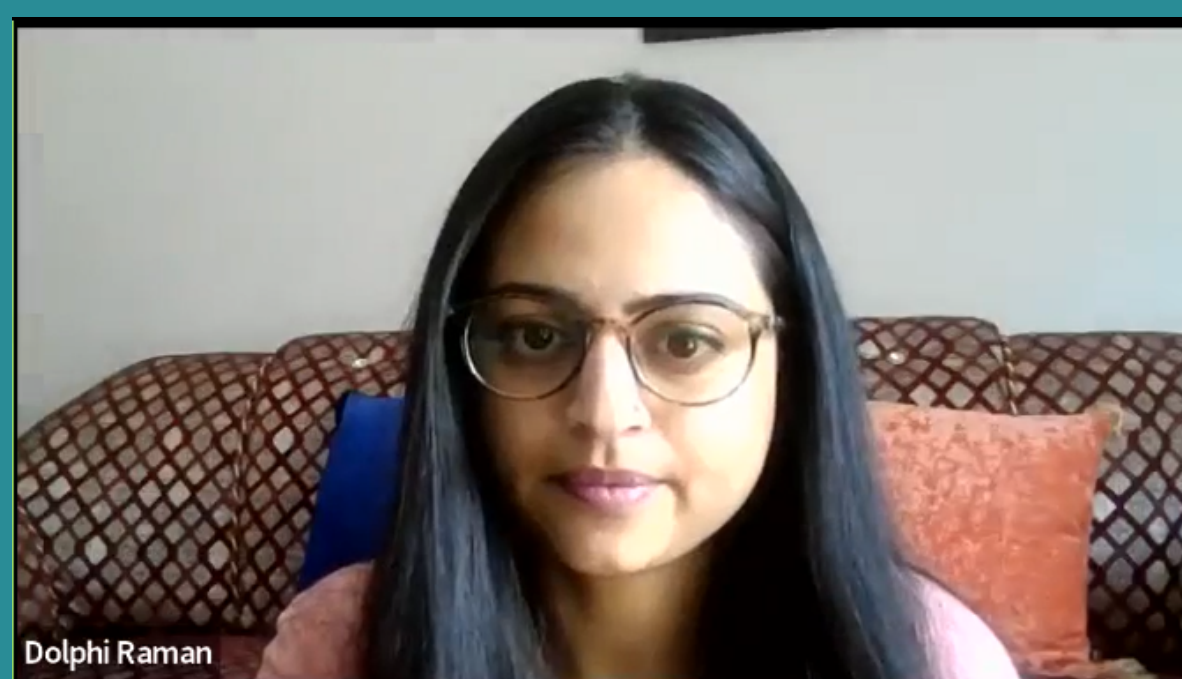


Session - 5: Role of Youth & Adolescents in Mitigating impact of Climate Change

Ms. Dolphi Raman
DRR Consultant, CCDRR, NIDM

Aim: To enlighten the participants about Role of Youth & Adolescents in Mitigating impact of Climate Change

Ms. Dolphi Raman emphasized the role of Youth and Adolescents in mitigating the impact of Climate Change. She provided the concept of climate change and causes of climate change. Through a diagrammatic presentation she elucidated how climate and environmental hazards can create shocks and stresses on youth. The speaker subsequently elaborated on sustainable development approach to achieve ethical and moral responsibility and to create a resilient environment for the younger and future generation. Elucidating on climate movements she spoke about the role of the youth and the attitude of the younger vis a vis the older generation. The speaker also emphasized on the need to guide the youth towards mitigating and adapting to the impact of climate change. She also illuminated on carbon foot print and the effective use of energy. Some of the best practices were also explained by the speaker i.e to plant a tree. Besides, support your local pond clean up, participate in climate action event, initiate the discussion and avoid burning plastics were shared. She emphasized the role of the individual and the community in this regard.

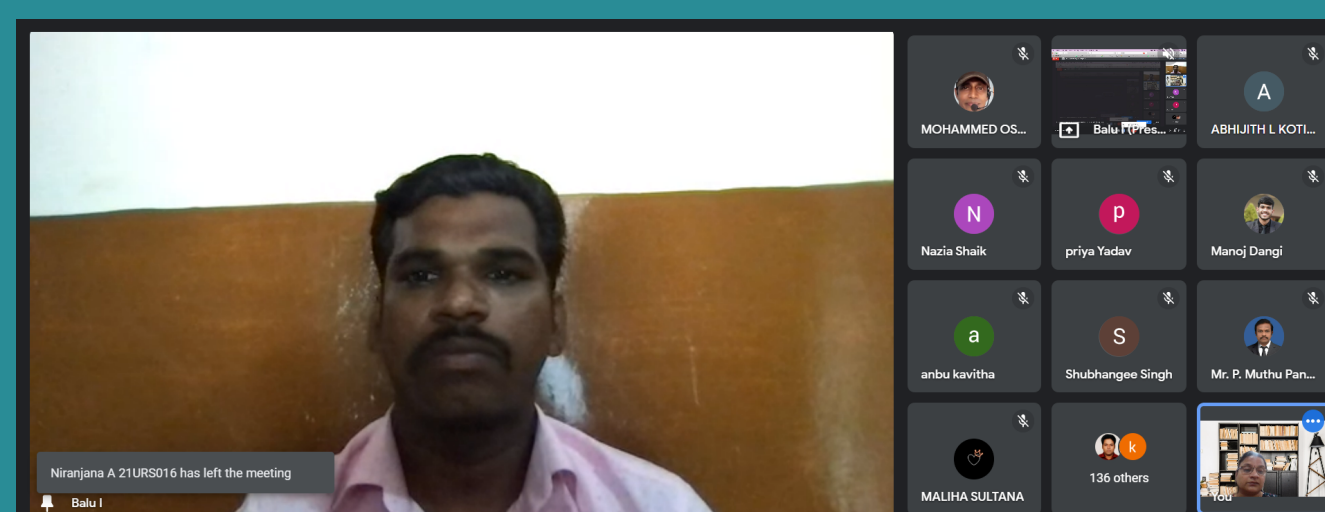


Session - 6: Basic Concept of Disaster Risk Management

Dr. Balu I
CCDRR, NIDM

Aim: To enlighten the participants about Basic Concept of Disaster Risk Management

The final session was handled by Dr. Balu, who elaborated the basic concepts of Disaster Risk Management. In the beginning of the lecture, Dr. Balu oriented the participants with the basic terminologies of DRM and explained in a befitting manner. Mitigation, Disaster risk, vulnerability, Reconstruction, Recovery, Resilience and Response were some of the important topics discussed during the session. Dr. Balu leads the session in every manner with brainstorming and question and answers from the participants.



Key Takeaways

- Enforce regular hand washing with safe water and soap, alcohol rub/hand sanitizer or chlorine solution and, at a minimum, daily disinfection and cleaning of school surfaces.
- Ensure water, sanitation and waste management facilities and follow environmental cleaning and decontamination procedures.
- Promote social distancing (a term applied to certain actions that are taken to slow down the spread of a highly contagious disease, including limiting large groups of people coming together).
- Understand basic information about corona virus disease (COVID-19), including its symptoms, complications, how it is transmitted and how to prevent transmission.
- Stay informed about COVID-19 through reputable sources such as UNICEF, WHO and national health ministry advisories. Be aware of fake information/myths that may circulate by word-of-mouth or online.
- Update or develop school emergency and contingency plans.
- Work with officials to guarantee schools are not used as shelters, treatment units, etc.
- Consider cancelling any community events/meetings that usually take place on school premises, based on risk.
- Reinforce frequent handwashing and sanitation and procure needed supplies.
- Prepare and maintain handwashing stations with soap and water, and if possible, place alcohol-based hand rub (hand sanitizers) in each classroom, at entrances and exits, and near lunchrooms and toilets.
- Children being in impressionable age, DRR training of young children is 'generational investment'.
- School safety, including safety of school infrastructure is important from point of view of life and safety of children.
- The need of a protective climate and encouraging of green energy

Conclusion

The three day training programme organized was fully funded by the NIDM. The programme was well received by all the participants. The training was delivered in English. The methodology was participatory in nature and employed interpersonal communication techniques to make the training more interactive. The training sessions were delivered via Google meet platform.

During the feedback session many of the participants shared the need to organize such training programmes across colleges, and institutions for the youth and to organize practical sessions to equip them with the skills as well. A total of 325 officials from across India comprising of NSS Programme Officers, NSS volunteers, NYKS volunteers and youth from various institutions registered and attended the three day online training programme.



सत्यमेव जयते



3 DAY ONLINE TRAINING PROGRAMME ON ENGAGING YOUTH AND ADOLESCENTS IN DISASTER RISK MANAGEMENT AND CLIMATE CHANGE ADAPTATION

08 - 10 June 2022 || 11:00 AM - 01:00 PM



Patrons



Shri Taj Hassan, IPS
Executive Director
NIDM



Prof. Sibnath Deb
Director,
RGNIYD, Tamilnadu

Supervision & Guidance



Prof. Santosh Kumar
Project Director, CCDRR
NIDM

KEY SPEAKERS



Dr. Kumar Raka
Programme Officer,
CCDRR Centre, NIDM



Dr. Balu I
CCDRR Centre,
NIDM



Shri Ranjan Kumar
PA, CCDRR Centre,
NIDM



Ms. Namratha Sharma
JRO, CCDRR Centre
NIDM



Ms. Dolphi Raman
External Expert

COORDINATORS



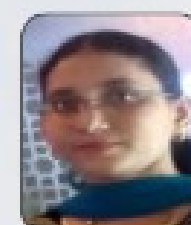
Dr. Sharmistha Bhattacharjee
Associate Professor & Head
RGNIYD, Tamilnadu



Ms. Avinu Veronica Richa
Assistant Professor
RGNIYD, Tamilnadu



Dr. Anbu Kavitha
Assistant Professor
RGNIYD, Tamilnadu



Ms. Nazia Shaik
JRO, CCDRR Centre,
NIDM



Day 1: <https://youtu.be/xxxxxxxxxx>
Day 2: <https://youtu.be/xxxxxxxxxx>
Day 3: <https://youtu.be/xxxxxxxxxx>

Register here: <https://training.nidm.gov.in/>

Jointly organized by :

National Institute of Disaster Management (NIDM)
Ministry of Home Affairs, Govt. of India

and

Rajiv Gandhi National Institute of Youth Development (RGNIYD)
Ministry of youth Affairs & Sports, Govt. of India, Tamilnadu



Stay Protected
from Corona



Wear Mask
properly



Follow Proper
Hand Hygiene



Maintain Safe
Distancing



Get
Vaccinated



/nidmhaIndia



/nidmindia

Website: <https://nidm.gov.in>

Speaker Profile: *Ms. Namrata Sharma*

Ms. Namrata Sharma is a counselling psychologist by profession. She has an extensive counselling experience with children, teenagers, young adults in schools and hospitals as well as from various socio-economic backgrounds. She is currently working as a counsellor with CCDRR, NIDM where she provides counselling services to women in shelter homes from various sectors of society dealing with mild to severe psychological and psycho-social problems.

Speaker Profile: *Ms. Nazia Shaik*

Ms. Nazia Shaik previously worked as Training Coordinator at Andhrapradesh Human Resource Development Institute (AP State ATI) for five years. At present, She is working as Junior Research Officer, at CCDRR Centre, NIDM.

Speaker Profile: *Ms. Dolphi Raman*

Ms. Raman have worked as Research Officer (2015-2016) in the capacity building project of Haryana Institute of Public Administration (HIPA), Gurgaon with special focus in school safety trainings and drills. She has worked as an Emergency Preparedness and Safety consultant for schools since 2017, thereafter. Presently working as Ms.Dolphi Raman, Disaster Risk Reduction Consultant the CCDRR unit of NIDM.

Speaker Profile: *Dr. Balu I*

Dr. Balu, a Ph.D. in sociology with an extensive development and research experience, he has coordinated National level workshops and training programmes in various themes and is currently working in the CCDR unit at NIDM.

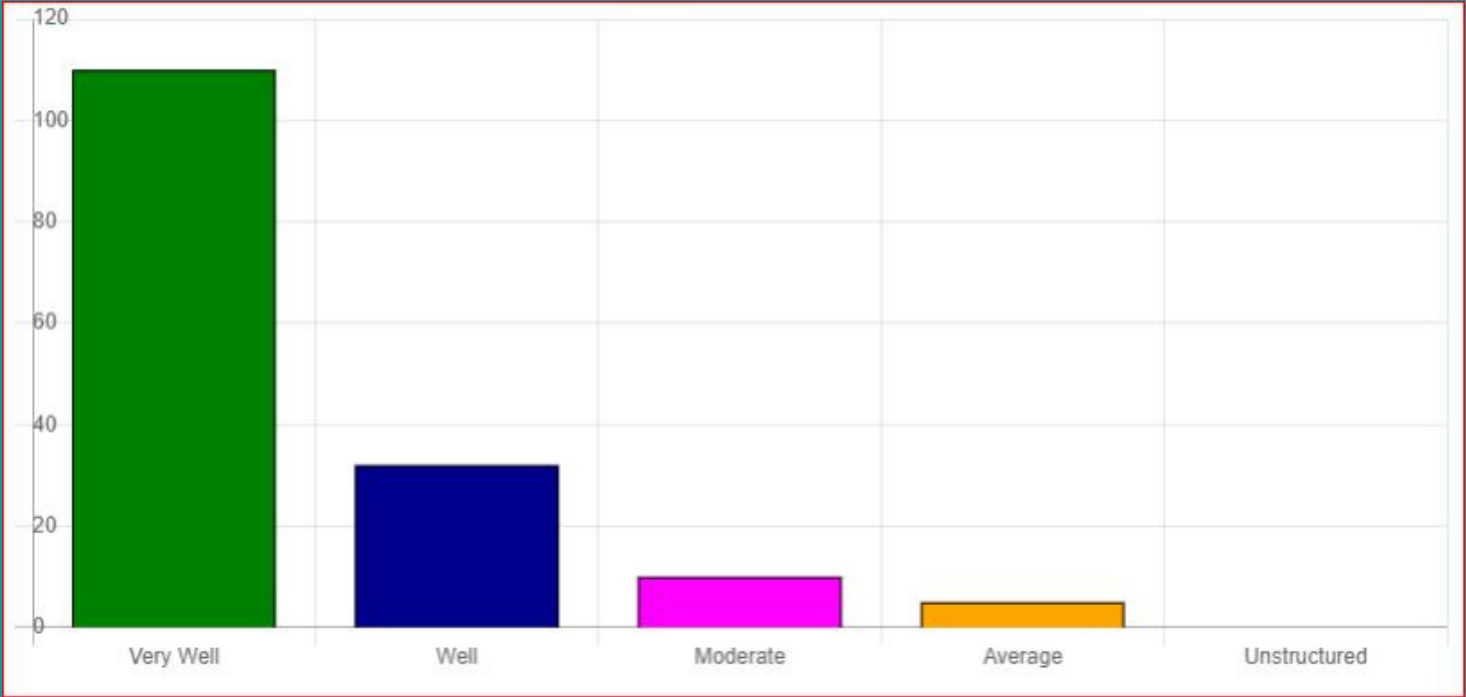
About the Organizing Institutions

Rajiv Gandhi National Institute of Youth Development (RGNIYD), Sriperumbudur, Tamil Nadu, is an Institution of National Importance by the Act of Parliament No. 35/2012 under the Ministry of Youth Affairs & Sports, Government of India. The RGNIYD offers academic programs at the postgraduate level in youth development, engages in research in youth development, and coordinates training programs for state agencies and the officials of youth organizations. It is involved in extension and outreach initiatives across the country. The institute functions as a think-tank of the Ministry and an organization of youth-related activities. It works in cooperation within the NSS, NYKS and other youth organizations in the implementation of training programs.

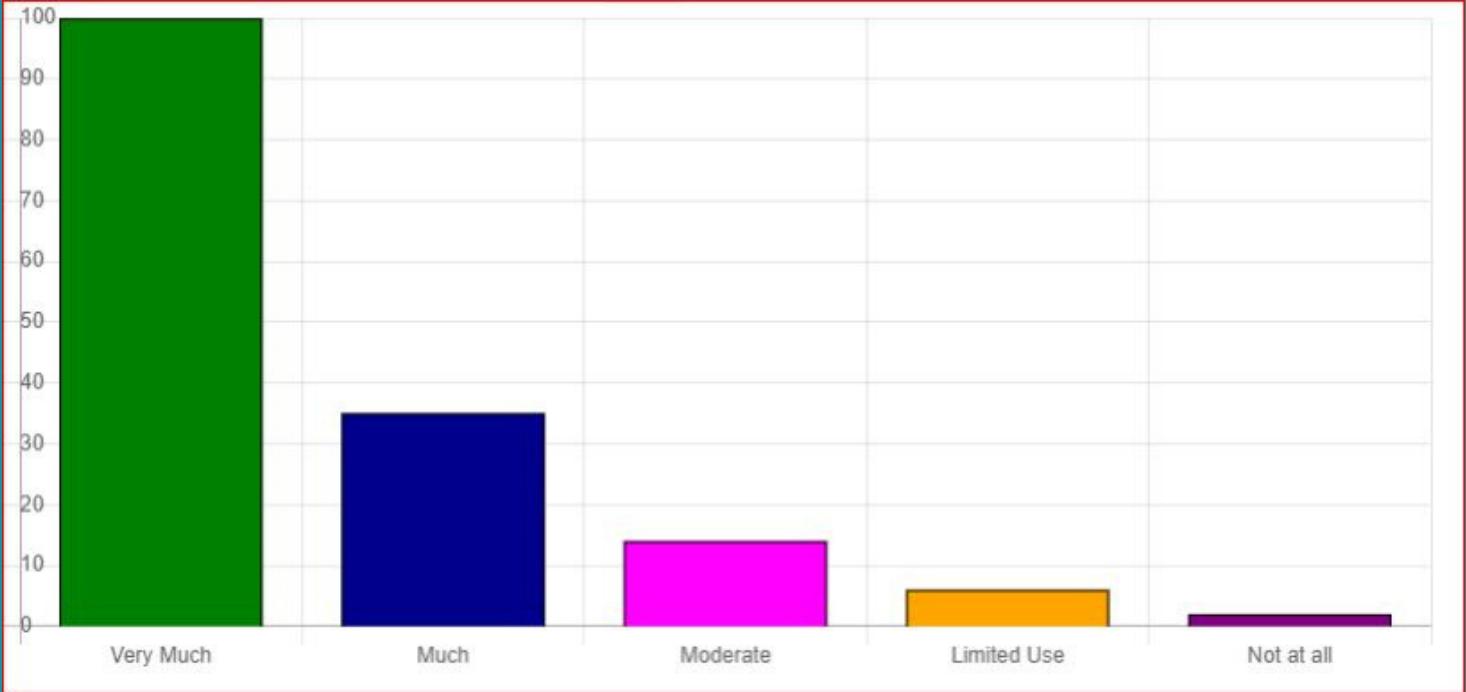
National Institute of Disaster Management (NIDM) South Campus, Ministry of Home Affairs, and Government of India is a premier institute and a Statutory Body (under Disaster Management Act (2005) for training, research, documentation, awareness and human resources and capacity development in the field of disaster mitigation and management in India and in the region. NIDM provides Capacity Building support to various National and State level agencies in the field of Disaster Management & Disaster Risk Reduction. The Institute's vision is to create a Disaster Resilient India by building the capacity at all levels for disaster prevention and preparedness.

Feedback

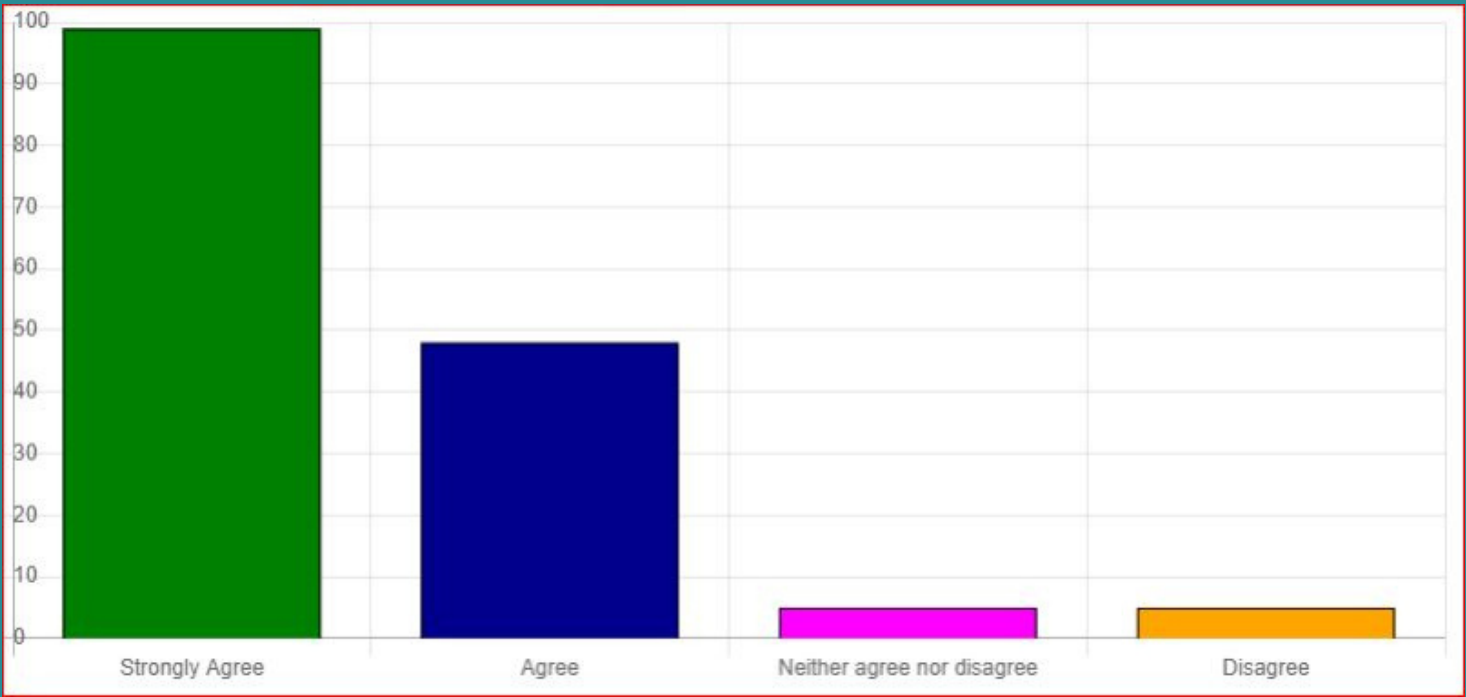
I think the structure and organization of the course fulfilled the objectives of the Training programme



I feel this programme would be useful to me immediately in my job



I believe this will help me in my future job related to Disaster Management



I believe this will help me in my future job related to Disaster Management

