

Curriculum Vitae



1. Name: DR. SHILPA BISEN

2. Nationality: Indian

3. Address for Communication: F4, Type III Staff Quarters, RGNIYD, Sriperumbudur.

4. Academic Qualifications:

- PhD in Psychology from the National Institute of Technology, Nagpur.
- UGC-NET-JRF from the Department of Psychology, Savitribai Phule Pune University.
- M.A. in Clinical Psychology from the Department of Psychology, Savitribai Phule Pune University.
- B.A. /B.Sc. in Psychology from the Rashttrasant Tukadoji Maharaj Nagpur University.
- Schooling from Jawahar Navodya Vidyalaya, Maharashtra.

5. Areas of Specialization: Personality, Internet addiction, Students suicide, Schizophrenia.

6. Current Research Interest: Applied Psychology, Positive Youth Development, Child abuse, Emotional Intelligence.

7. Present Position: Assistant Professor and Head (i/c), Department of Applied Psychology RGNIYD.

8. Immediate Past Position: Assistant Professor, School of Social Sciences and Languages, Vellore Institute of Technology, Chennai.

9. Other Important Academic and Administrative Assignments:

- Administrative responsibility assigned as Head (i/c) of the Department of Applied Psychology RGNIYD, since 7th September 2022.
- Administrative responsibility assigned as Chief Warden of Girls Hostel, RGNIYD, since 14th September 2022.
- Administrative responsibility assigned as a Member of Anti Ragging Squad, RGNIYD, since 22th December 2022.

10. Total Teaching Experience: 2 Year

11. Total Research Experience: 7 Year (including PhD)

12. Training Experience: 1 Year

13. Invited Lecture Delivered in the Last Three Years: Nil

14. Conference/Workshop/Seminar Attended in the Last Three/Five Years (provide a list):

Conferences:

Name of Authors	Title of Paper	Name of conference	Organized by	Date	National/International
Shilpa Bisen	“Does emotional intelligence and introversion predicts internet addiction: A cross sectional study”	4th International Conference on research & modern innovations in engineering and technology	SRM University, Chennai	21st & 22nd June 2019	International Conference
Shilpa Bisen	“Neurology of stress”	International conference on stress management	International stress management association	3-4th Nov 2017	International Conference
Shilpa Bisen	“Psychological and Neurological aspects of stress”	Indian academy of management conference	IIM Indore	18-20th December 2017	International Conference
Shilpa Bisen	Internet addiction: Meta Review	Fourth Pan-IIM World Management Conference “India: Towards better governance	Indian Institute of Management, Ahmadabad	13-15th December, 2016	International Conference
Shilpa Bisen	“A psychological correlates of Internet Addiction: A mental health perspective”	10th Doctoral Thesis conference	IBS Hyderabad	20-21th April, 2017	International Conference
Shilpa Bisen	“An analytical study of Smartphone Addiction: A gender differences”	4th International conference on recent trends in research and	SAMA, Jabalpur	12-14th November 2016	International Conference

		higher education			
Shilpa Bisen	“Prevalence and risk factors in internet addiction”	Annual National conference on addiction psychology at AIIMS Delhi	National drug dependence treatment center, AIIMS	7-8th September 2017	National Conference
Shilpa Bisen	“Web- based Psychotherapy: Effectiveness in psychiatric disorder”	National conference on Interventions of science and technology, social problems and sustainable	VNIT, Nagpur	17th June 2018	National Conference
Shilpa Bisen	“Matrix of changing Human Values: Understanding Internet Addiction”	Two Days National Conference on Professional Ethics and Human Values	VNIT, Nagpur	18-19th December 2016	National Conference

Workshops/Seminar/FDPs/PDPs

Name of participant	Name of Workshops/Seminar/FDPs/PDPs	Date	organized by
Shilpa Bisen	Professional Development Program for Counseling for student development	11-15 th July 2022	National Institute of Technical Teachers Training and Research, Chennai.
Shilpa Bisen	4 Week Faculty Induction Program	13 June - July 2022	Academic Staff College, Chennai
Shilpa Bisen	AICTE sponsored 6 days STTP on ‘Research methodology & Data analyses	15-20 th July 2019	Datta Meghe Institute of Management studies, Nagpur
Shilpa Bisen	Five Days Workshop on Structural Equation Modeling: Testing Mediation and Moderation Models	16-20 th May 2018	School of Management Studies, University of Hyderabad

Shilpa Bisen	Three days National level workshop on Research methodology, Statistical data analysis and interpretation	9-11 th February 2018	Institute of Statistical and analytical research, Chennai
Shilpa Bisen	Four days “National level workshop on applied statistical method by using SPSS in social sciences	12-15 th February 2018	Mahatma Gandhi Antarrashtriya Hindi Vishwavidyalaya, Wardha
Shilpa Bisen	Two days Management development program under Disha project entitled” Enhancing skills for better development”	22-23 th September 2016	VNIT Nagpur under IOCL
Shilpa Bisen	One week STTP Faculty development program under TEQIP II “Quest for Best: Learning new pedagogy in the contemporary engineering education”	9-13 th August 2016	VNIT Nagpur under TEQIP II
Shilpa Bisen	Manas: A symposium on Bhartiya psychology: vision and reach	11- 13 th February 2016	Bhartiya Shikshan Mandal's International conference research for resurgence
Shilpa Bisen	One week workshop on “Research Methodology	16-22 th May 2016	VNIT Nagpur

15. Award Received (indicate the name of the Institute):

2019: Awarded Emerald Literati award of excellence in highly commended research paper category by Mental Health Review journal and Emerald publication.

2016: Awarded As “International Young Scientist award for the application of psychology” in 4th International Conference on Recent Trends in Research and Higher Education by South Asia Management Association at Jabalpur.

16. Experience of Supervision of Doctoral Thesis:

- **Pursuing-** Nil
- **Completed-** Nil

17. Research Projects (On-going and completed): Nil

18. Consultancy Services: Nil

19. Member of Any Academic Body:

- Association of psychological science
- Bhartiya counselling psychological association

20. Book (Edited and Written):

- Bisen, S. S., & Deshpande, Y. (2018). The Impact of the Internet in twenty first century addictions: An overview. In Psychological, Social, and Cultural Aspects of Internet Addiction. IGI Global.
- Bisen, S. S., & Deshpande, Y. (2019). The Repercussion of the Internet on Psychological Wellbeing: Discussion on Diverse Psychopathology and Treatment Approaches. In Multifaceted Approach to Digital Addiction and Its Treatment. IGI Global.

21. List of Publication in the Recognised Journals (last five years):

Name of authors	Title of Research paper	Year	Journal Name	Volume no. Issue no. Page no.	Indexed in
Bisen, S. S., & Deshpande, Y.	Prevalence, predictors, psychological correlates of internet addiction among college students in India: a comprehensive study.	2020	Anatolian Journal of Psychiatry	21(2), 117-123	SCI
Bisen, S. S., & Deshpande, Y.	Does a personality trait predict excessive use of internet technology among engineering students? Simple mediation analysis.	2019	The International Journal of Electrical Engineering & Education	0020720919894198	SCI
Bisen, S. S., & Deshpande, Y.	Understanding internet addiction: a comprehensive review	2018	Mental Health Review Journal	Vol. 23 No. 3, pp. 165-184 https://doi.org/10.1108/MHRJ-07-2017-0023	SCOPUS
Bisen, S. S., & Deshpande, Y.	Technology Support, Social Support, Academic	2019	Journal of Information Technology Education	18, 549-570	SCOPUS

	Support, Service Support, and Student Satisfaction				
Bisen, S. S., & Deshpande, Y.	Effectiveness of Internet Based Psychotherapeutic Intervention in Common Psychiatric Disorders.	2018	Journal of Cyber Behavior, Psychology and Learning (IJCBL),	8(2), 51-62	SCOPUS
Bisen, S. S., & Deshpande, Y.	An analytical study of smartphone addiction among engineering students: a gender differences.	2016	The International Journal of Indian Psychology	4(1), 70-83	Peer reviewed
Bisen, S. S., & Deshpande, Y.	Effectiveness of Internet Based Psychotherapeutic Intervention in Common Psychiatric Disorders.	2021	Research Anthology on Rehabilitation Practices and Therapy	pp. 1229-1242	Peer reviewed

22. Any Other Relevant Information: NIL