

Curriculum Vitae



1. Name: Indumathy J
2. Nationality: Indian
3. Address for Communication: F1, Type 4, Staff Quarters, Rajiv Gandhi National Institute of Youth Development, Sriperumbudur - 602105
4. Academic Qualifications:
 - PhD in Applied Psychology from Pondicherry University (2021).
 - M.Phil. in Psychology from Madras of School of Social Work, Affiliated to University of Madras (2019)
 - M.Sc. in Counselling Psychology from Rajiv Gandhi National Institute of Youth Development (2017).
 - B.Sc in Psychology from the Avinashilingam University (2015).
5. Areas of Specialization: Psychometrics, Romantic Relationship, Counselling Psychology
6. Current Research Interest: Couple relationship and Parenting
7. Present Position: Assistant Professor, Rajiv Gandhi National Institute of Youth Development
8. Immediate Past Position: Assistant Professor, Christ University
9. Other Important Academic and Administrative Assignments: Assistant Warden
10. Total Teaching Experience: 2
11. Total Research Experience: 3
12. Training Experience: 0
13. Invited Lecture Delivered in the Last Three Years: 0
14. Conference/Workshop/Seminar Attended in the Last Three/Five Years (provide a list):

Conferences and Seminars				
Authors	Seminar/ Conference Theme	Title of the Paper	Dates	Organizers
1. J Indumathy & CT Thenu	International Conference on 'Contemporary	Quality of Life among Government	January 6 th 2018	Anugraha Institute of Social

	Technologies: Prospects and Challenges for Psychological Well-Being'	and IT Employees		Sciences
2. J Indumathy & Ashwini U R	National Conference on Growing Digital World	Media and Sexual Attitude (Best Paper)	January 23,24 th 2018	Madras School of Social Work
3. J Indumathy & Divvyalakshmi N N	3 rd Annual National Conference on 'Young Adults and Emerging Trends in Psychology'	Altruism and Well- Being among Adults	January 25 th 2018	Sacred Heart college and Don Bosco Youth Animation South Asia in partnership with FSL - India
4. J Indumathy & Divvyalakshmi N N	National conference on Wellness: A Multidimensional Approach towards Sustainable Development	Resilience, Forgiveness and Personal Well - Being among Adults	January 30 th & 31 st 2018	Krisstu Jayanti College, Bangalore
5. J Indumathy & Ashwini U R	National conference on Wellness: A Multidimensional Approach towards Sustainable Development	Altruism and Well- Being among Adults	January 30 th & 31 st 2018	Kristu Jayanti College, Bangalore
6. J Indumathy & Ashwini U R	National Seminar on Mental Health of School Children	Locus of Control and Bullying among High School Students	February 8 th & 9 th 2018	North East Regional Institute of Education, (NCERT), Umiam.
7. J Indumathy, Ashwini U R & Ashwini K	International conference on Social Work and Community Mental Health	Introversion, Extroversion and Assertiveness among Adolescents	February 16 th 2018	Bharathidasan University
8. J Indumathy, Ashwini U R & Divvyalakshmi N N	International Conference on Social Work and Community Mental Health	Empathy, Optimism and Pessimism among Teenagers at Destitute	February 16 th 2018	Bharathidasan University

		Homes		
9. J Indumathy	53 rd National & 22 nd International Conference of Indian Academy of Applied Psychology (IAAP-2018)	Spirituality and Loneliness among Elderly	February 17 - 18 th 2018	Pondicherry University
10. J Indumathy	National Conference on Issues and Challenges faced by Elderly	Spirituality and Resilience among older adults	February 26 - 27 th 2018	Madras School of Social Work
11. J Indumathy, Ashwini K, Ashwini UR & Divvyalakshmi NN	National Seminar On Health and Well-Being In A Multi Sectorial Perspective: Recent Trends, Challenges And Opportunities	Personal Identity and Neuroticism among Late Adolescents	27 th February, 2018	Central University of Tamilnadu
12. J Indumathy & Ashwini UR	National Conference on Psychology in the Transforming World	Personal Identity and Subjective Vitality among Adolescents	March 9 - 10 th 2018	Jain University
13. J Indumathy, Ashwini UR and Divvyalakshmi NN	International Conference on Positive Psychology for Health and Well - Being	Game Addiction and Locus Of Control Among Adolescents	March 9 - 10 th 2018	Guru Jambheshwar University
14. J Indumathy	National Seminar on 'Dynamics of Effective Classroom Teaching' 'Providing Joyful Learning Experiences for the Learners'	Teacher Student Relationship and Academic Performance	March 16 th and 17 th 2018	Thakur Shyamnarayan College of Education & Research, Mumbai
15. J Indumathy	National Conference on Parenthood in Transition	Marital Quality and Parenting	January 3 rd 2020	Dr. MGR Janaki College of Arts and Science for Women
16. J Indumathy	International Conference on	Family Connectedness,	January 23 rd - 25 th	Manonmanium Sundaranar

	Psychology for Global Happiness	Neuroticism and Psychological Capital among Adolescents	2020	University - IAAP
Workshops and Training				
1. Research Methods	4 th - 5 th January 2018		SCARF Chennai, Schizophrenia Research Foundation	
2. Research Methodology Course	November 26 th - December 5 th 2018		Gandhigram Rural Institute - ICSSR Sponsored, Dindigul	
3. Statistical Analysis for Research	December 10 th - 17 th 2018		Pondicherry University	
4. Academic Writing	February 14 th & 15 th 2019		Periyar University, Salem	
5. Biostatistics for Clinical Research	February 20 th - 23 rd 2019		National Institute of Mental Health and Neuro Sciences, Bangalore	
6. Structural Modelling Equation using AMOS	April 11 th - 13 th 2019		Presidency College, Bangalore	
7. Mediation and Moderation and Conditional Process Analysis	April 17 th - 21 st 2019		University of Hyderabad	
8. Model Building	June 12 th - 15 th 2019		Pondicherry University	
9. Research Methodology in Psychosocial Issues	November 21 st - 23 rd 2019		National Institute of Mental Health and Neuro Sciences, Bangalore	
10. Offline Faculty Orientation Program	December 7 th 2021		Staff Development College Christ University, Bangalore	
11. Faculty Development Programme	16 th to 21 st June 2021		Staff Development College Christ University, Bangalore	
12. Faculty Orientation Programme	02 nd to 07 th August 2021		Staff Development College Christ University, Bangalore	
13. Faculty Development Programme	6 th to 11 th July 2022		Staff Development College Christ University, Bangalore	
14. Faculty Induction Programme	28 th February to 29 th March 2023		UGC-HRDC, North Eastern Hill University, Shillong	

15. Award Received (indicate the name of the Institute): PC Mathew Best Research Award by Madras School of Social Work

16. Experience of Supervision of Doctoral Thesis:

- Pursuing - Nil
- Completed - Nil

17. Research Projects (On-going and Completed): Nil

18. Consultancy Services: Nil

19. Member of Any Academic Body: Nil

20. Book (Edited and Written): Nil

21. List of Publication in the Recognised Journals (last five years):

- Indumathy, J., & Kanth, B. (2021). Communication Pattern, Dyadic adjustment, and parenting practices among married couples in India: Mediating role of Dyadic coping. *Journal of Family Issues*, 43(4), 894-922.
<https://doi.org/10.1177/0192513X21995873>
- Kanth, B., Randall, A. K., Bodenmann, G., & Indumathy, J. (2021). Partners' Dyadic Coping in India: Psychometric properties and validity of the Tamil version of the Dyadic Coping Inventory. *Marriage & Family Review*, 58(2), 101-128.
<https://doi.org/10.1080/01494929.2021.1936743>
- Kanth, D. B., & Indumathy, J. (2022). Psychometric Properties of the Interpersonal Emotion Regulation Questionnaire among Couples in India. *Interpersona: An International Journal on Personal Relationships*, 16(1), 36-55.
doi.org/10.5964/ijpr.6675

22. Any Other Relevant Information: Nil