



# RGNIYD

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## Newsletter

**Rajiv Gandhi National Institute of Youth Development**

Institute of National Importance by the Act of Parliament No.35/12

Ministry of Youth Affairs & Sports, Govt. of India

Sriperumbudur - 602 105. Tamil Nadu

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### From the Editor's Desk...

Empowerment of the Youth has five thematic areas: Employment and Entrepreneurship; Political Inclusion; Civic Engagement and Protection of Rights; Education, including Comprehensive Sexual Education; and Health. These five areas it envisaged will contribute

more to creating a

sustainable, equitable future of opportunity and dignity for the youth. Following the observation of the International Year of the Youth in 2015, the 68th UN General Assembly declared 2016 the International Year of Pulses (IYP). Recognizing protein deficiency as a global concern and the potential of pulses to address it, the UN voted unanimously for the Pulses to be the theme for the observation of the International Year in order to continue its focus on one of the vital thematic areas namely Health. Pulse crops are a critical and ancient part of the food basket. Pulses also prevent and help manage chronic diseases such as diabetes, coronary conditions, and cancer. The Food and Agriculture Organization of the United Nations (FAO) has been nominated to facilitate the implementation of the Year in collaboration with Governments, relevant organizations, non-governmental organizations and all other relevant stakeholders. The IYP 2016 aims to heighten public awareness of the nutritional benefits of pulses as part of sustainable food production aimed towards food security and nutrition. The Year will create a unique opportunity to encourage connections throughout the food chain that would utilize better pulse-based proteins, enhance global production of pulses, monitor and manage crop rotations, meet the challenges in the trade of pulses and quite importantly address the holistic health care of the young and the growing.

"It's no co-incidence that many cultures around the world start the day by consuming pulses. Beans for breakfast keep you feeling fuller for longer. In West Africa for example, cowpeas (a relative of black-eye beans) are used to make Akara; a filling and delicious shallow fried 'bean fritter', served with hot sauce and bread. In Southern India, you might eat Sambhar for breakfast (made from split pigeon peas). In Northern India it would be Chole Bathura (made from whole kabuli chickpeas), whilst in Eastern India it would more likely be Guguni (made from whole desi chickpeas) and in Western India Dokhla is a favourite dish to start the day (made from split mung bean or desi chickpea flour). In many Arabic countries, the day begins with Ful (pronounced 'fool') puréed faba beans flavoured with cumin seed and served with flat Arabic bread. Even in England, a 'full English' meal is not complete without a serving of baked beans" (Pulses: the epitome of versatility' by Jack Bean, 2013 ©Healthier Pulse Books)

Feeding an ever more populous planet and of them 1.8 billion are in the age group of 10 and 24 (this is estimated to rise to 9 billion by 2050), in a sustainable and water efficient way, requires a re-think in the way mankind produces and consumes protein. As the world's leading consumer of pulses, India will play a major role in 2016, and two major events for International Year of Pulses have been arranged by the Indian Government. The first the Pulses Conclave, has already taken place from February 17th to 20th in Jaipur where there was a major gathering for the India Pulses and Grains Association. The second one is to be conducted towards the end of 2016 with a large number of delegates from around the world.

# ACADEMIC PROGRAMMES

## A. EXPERT LECTURES / SPECIAL LECTURE PROGRAMMES

### Commemoration of 125th Birth Anniversary of Dr. B. R. Ambedkar, 13th April 2016 at RGNIYD

A special lecture on "Ambedkar's vision for Social Inclusion and Social Justice", was delivered by Prof. Gnana Aloysius former visiting faculty, Delhi University and Central University of Hyderabad on 13th April, 2016 at RGNIYD. This special lecture was arranged by the Centre for Dalit and Subaltern Studies, RGNIYD to commemorate the 125th birth anniversary of Dr. B. R. Ambedkar. While addressing the students and faculty members of RGNIYD, Prof. Gnana Aloysius, highlighted the Baba Sahib's contribution towards creating a just society through constitutional means and also his modern thoughts on Liberty, Fraternity and Equality. He also stressed on the influence of caste, religion and culture in shaping the individual and pointed out that the role of the individual is to liberate himself/herself through education and political emancipation.



generated a healthy discussion.



### Lecture on Mental Health Model of G-SET, 4th April 2016 at RGNIYD

A lecture on Mental Health Models of G-SET was delivered by Mr. Prakash Goossens, International Convener, G-SET, Jharkhand, on 4th April 2016 at RGNIYD. The speaker pointed out how the three elements ethics, evidence and experience can serve as a guide in improving mental health services. The Post graduate and Research students along with the faculty members of RGNIYD attended the lecture programme and raised questions at the end of the lecture and



### AAKANSHA Lecture Series on 'Cyber Crime against Women

The Department of Gender Studies organized the RGNIYD AAKANSHA Lecture Series on 'Cyber Crime against Women' on 22nd April 2016 at RGNIYD. Mr. S. Nagarajan, Senior Faculty, IFBT-NIIT, Information System Auditor and Business Continuity & Disaster Recovery Professional from Chennai delivered the lecture. Various topics such as Cyber Stalking, Cyber Spoofing, Threat and Intimidation to girls and women, Cyber Safety, etc were discussed during the lecture. The faculty and students of RGNIYD were the participants.



## B. WORKSHOP/CONFERENCE

### Workshop on Academic Writing

The Department of Development Studies, organized a Two – Day Workshop on 'Academic Writing in Social Sciences' from 29 – 30th April, 2016 for RGNIYD students in the campus. The workshop arrived at enabling the students to develop their writing skill especially thesis writing. Totally 34 students of both genders participated from various departments of RGNIYD. Faculty members from the University of Madras, Madras Christian College, Loyola College, Vellore Institute of Technology were the resource persons. The workshop was found very useful by the young researchers who attended it.

### Work shop on Urban Planning – Bypass infrastructures of the Peri-Urban Fringe

A five day workshop on Urban Planning- Bypass infrastructures of the Peri-Urban Fringe was organized by Indo-German Centre for Sustainability (IGCS), IIT-Madras from 26th June to 2nd July, 2016 and hosted by RGNIYD. Forty four (23 Male and 21 female) participants from different fields viz., Urban Design, Landscape, Public Policy, Architecture, Contemporary Art, Development Studies, Humanities and Social Sciences across the country participated in the workshop. Three RGNIYD students who are presently doing internship at IGCS, IIT-Madras also participated in the programme.

Rajiv Gandhi National Institute of Youth Development Regional Centre (RGNIYD RC) in collaboration with the Association of Professional Social Workers & Development Practitioners (APSWDP) organized a 4 day workshop on Youth & Sustainable Development Goals. The workshop witnessed the participation of 50 young people from various states of North India. During the four day workshop, over 15 sessions covered on topics. This workshop was organized with an objective to empower and sensitize the youth about biodiversity, climate change, issues prevalent in society, Gender Mainstreaming & Healthy lifestyles.



### Workshop on ICT-enabled Entrepreneurship Development Programme based on eSheBee Model, Bangladesh

RGNIYD and Centre for Integrated Rural Development for Asia and the Pacific (CIRDAP) jointly organized a Workshop on ICT-enabled Entrepreneurship based on SheBee Model, Bangladesh which was held at NIRDPR, Guwahati, Assam from 6th to 8th June 2016. The objective of the Workshop was to create awareness and orient various stakeholders on ICT-based Rural Women Entrepreneurship based on best practices in Bangladesh (eSheBee model), to explore opportunities for replication of She Bee model and to deliver the methodologies for rolling out ICT based Rural Women



### Workshop on Youth and Sustainable Development Goals, 2nd-5th June, 2016, RGNIYD RC, Chandigarh

## C.FACULTY DEVELOPMENT PROGRAMME

Entrepreneurs among representatives of potential local entities in Assam. A total of 17 representatives (11 men, 6 women) from the development sector, Indian Institute of Entrepreneurship, NYK and NSS participated in the Workshop. The Workshop was followed by field visits, pre-selection and orientation training for 10 young women entrepreneurs, under the technical expertise of Mr. Mosharrof Hossain, Founder, eShebee, Bangladesh.



### Workshop on Leadership and Advocacy

Workshop on Leadership and Advocacy was organized at RGNIYD Regional Centre, Chandigarh from 13-17 June, 2016, which witnessed the participation of 31 young people from various states like Uttar Pradesh, Rajasthan, Punjab, Haryana and Chandigarh. The first day included sessions that enhanced the knowledge of the participants on Leadership and Advocacy followed by various other sessions to improve their competencies on skills like Understanding Self using Johari Window, Team Building, Positive attitude, stereotypes. The participants were divided into 4 groups on Day 1 and were given one topic each. They had to present on Day 3 on those topics using various methodologies learnt from the workshop. The sessions in the workshop were taken by professional educationists and directors of various educational institutions. The prime objective of conducting this training is to produce a cadre of young leaders who will advocate the social issues in the society effectively for nation building.

### Faculty Development Programme on “Taxonomy for Teaching, Learning and Assessing”

RGNIYD organised a two day Faculty Development Program from 7th – 8th June 2016 for orienting the faculties on Teaching and Learning process. Dr. N Asokan, conducted the Faculty Development Program on Taxonomy for Teaching, Learning and Assessing with the objectives to write in terms of learners terminal behaviour, to gain a more complete understanding of Teaching, Learning and Assessing Process and apply the principles of construction and scoring of structured essay questions and make working environment and life easier. Twelve faculty members attended the Program.

### Refresher Programme for Faculty of RGNIYD

A Refresher Programme for the faculty of RGNIYD was organized by the Department of Social Work on 23rd and 24th June 2016. The following Resource Persons were invited to address the participants. Various sessions on Current Trends in Social Sciences, Teaching Methods in Humanities and Social Sciences, Utilization of Learning Resources with reference to Library Usage, Professional Ethics for Teachers, Importance of Communication in Teaching, Functioning of the Academic System and Counselling Skills for Teachers were organized for the faculty members of RGNIYD and the interactive sessions facilitated learning and sharing of ideas among the faculties.

### Workshop on Writing Research Proposal for Faculty Members of RGNIYD

The Research Co-ordination team of RGNIYD organized a one day workshop on Current trends in Social Science Research including Writing of Research Proposal for the faculty members of RGNIYD on 29th June 2016 at RGNIYD. Dr. Bernard D Samy (Loyola College, Chennai) and Dr. Madhan Mohan (JNU, Delhi) were the resource persons. All the members of RGNIYD attended the Programme and clarified their various doubts.

## **Application of Space Technology in Curriculum Development**

Dr P. H Kalesh, Assistant Professor has completed 8 weeks ISRO sponsored NNRMS training program on 24th June 2016 at IIRS Dehradun. Dr. Kalesh also attended the meeting

at IIRS Dehradun from 28-29 June 2016 for Curriculum Development of one elective paper in MA Development Policy and Practice and MA Local Governance and Development as well as one unit in training programs on Application of Space Technology.

## **D.STUDENT DEVELOPMENT PROGRAMME**

### **Participation of RGNIYD Students in the UK India Social Entrepreneurship Education conference from 15th to 16th April 2016 at IIT Madras**

The faculty and students (8-Male and 5-Female) of M.A. Social Innovation and Entrepreneurship participated in the UK India Social Entrepreneurship Education conference held at IIT Madras from 15th to 16th April, 2016 organized by CSE, IIT Madras and Southampton University, UK.

### **National Service Scheme- NSS, Special camp**

The current theme for National Service Scheme is Youth for Sustainable Development with special focus on Watershed Management and Watershed Development. Therefore NSS unit of RGNIYD had taken up "Youth for Watershed" as the theme for its one –day camp. Venue of the Camp was the Rainwater Harvesting Structure on the RGNIYD campus, Sriperumbudur. 51 volunteers registered for the camp and activities were started. Volunteers engaged in clearing the water ways towards the structure and cleaned the surroundings of the artificial lake.

### **Workshop on Youth Leadership through Adventure Sports**

A 10 day workshop on Youth Leadership through Adventure Sports was organized by RGNIYD, RC at ABVIMAS, Manali, and Himachal Pradesh from 16th to 25th April, 2016. 45 students from different parts of country like Himachal Pradesh, Punjab, Jammu & Kashmir, Haryana, Uttarakhand, actively participated in the programme. The objective of this 10 days

programme was to develop a sense of togetherness, team effort and leadership qualities to face the challenges against adverse situation effectively help the youth to build their confidence, Team Work skills, Decision Making skills and most importantly Leadership skills build camaraderie among them. The activities conducted during the workshop were River Crossing, Commando Walk and Burma Bridge, Trekking, Rappelling, Rock Climbing, Artificial Wall Climbing and living in the natural environment.

### **Orientation on Entrepreneurship Development - Phase II for Student Youth**

In continuation of the ToT Programmes conducted jointly by RGNIYD and the ICT Academy of Tamil Nadu for the NSS Programme officers on Youth Entrepreneurship Development. The trained NSS Programme Officers of the various states conducted short duration Orientation Programmes on Entrepreneurship Development for the young students in their respective institutions. 120 college students were trained in Entrepreneurial skills during the month of May.





## E.CERTIFICATE/DIPLOMA PROGRAMMES

### Certificate course on Logistics Management

The RGNIYD in collaboration with Confederation of Indian Industry (CII), Institute of Logistics, Chennai conducted a "Certificate course on Logistics Management" for 26 college students who belong to Scheduled Caste. The program was held in Government Arts College, Nandanam, Chennai from February to April 2016. The course on logistics management broadly covered the subjects on principle of logistics functional management, warehouse and distribution facilities management, freight transport, supply chain management and third party logistics management. The program was facilitated by the expert tutors of CII.

### Launching of Diploma in Mental Health Care at Ranchi, Jharkhand

The Diploma in Mental Health Care was launched on 1st June, 2016 at Ranchi, Jharkhand. Mr. Prakash Goossens, International Convenor, G-SET (Ranchi) & Fracarita International, (Belgium), Mr. Domoinique Nédée (Managing Trustee & Chairperson, G-SET (Ranchi) & Corsendonk Consultant Ltd., India), Ms. Santana Kumari (In-charge District Mental Health Program, Jharkhand Government) and Father Selvaraj (Director, Claret Institute of Employment Training, Ranchi) were invited for the launching ceremony. It is a joint initiative being taken by the collaborating institutes viz., RGNIYD and Dr. Guislain Svastha Education Trust (G-SET), Ranchi. 30 female and male candidates (14 and 16 respectively) were admitted to this course.

### SIGNING OF MOU

#### MoU signing between RGNIYD and G-SET

Dr. Guislain Svastha Education Trust (G-SET), Purulia Road- G-SET, Jharkhand is an academic institute established for facilitation of programmes in the field of mental health and bridge the gap of scarcity of skilled professional social workers in the field of mental health. The RGNIYD signed MoU with G-SET (Dr. Guislain Svastha Education Trust) Jharkhand on 4th April, 2016 at RGNIYD for offering Skill Development plan - Diploma in Mental Health for ST youth in Jharkhand.



### MoU between RGNIYD and IIRS/ISRO on Space Technology Application

The MoU between RGNIYD and IIRS/ISRO was signed for promotion of Space Technology and built capacity both in terms of human resources and infrastructure development in the area of space technology application. Dr. P. H. Kalesh Assistant professor is undergoing 8 weeks ISRO sponsor NNRMS training programme from 2nd May, 2016 at IIRS, Dehradun.

### TRAINING/CAPACITY BUILDING PROGRAMMES

#### TOT programmes

#### Training of Trainers on "Youth Ambassadors for Drugs free Punjab"

A three day residential training of trainers on Youth Ambassadors for Drugs Free Punjab was organized by RGNIYD, RC, Chandigarh in Patiala, Punjab. Since the extent of drug addiction in Punjab is alarming, the dream of drug free Punjab can only be made true if the youth actively participate in fighting against this evil. The goal of this training programme is to make the youth of Punjab aware of the ill effects of drugs and implement the strategies learnt from this training for a Punjab free from Drugs. The objective behind this three day training programme is to increase the knowledge base and skill level of drug addiction counsellors, to enhance the effectiveness of their work with drug users.

## **TOT on Youth Empowerment through Adventure Sports**

Adventure sports are a popular term for certain activities perceived as having a high level of inherent danger. These activities often involve speed, height, a high level of physical exertion, and highly specialized gear. The emotional and physical benefits of adventure sports are impressive such as improved problem solving, increased health and a positive thinking. In order to develop these qualities in participants RGNIYD RC organized this training with AtalBihari Vajpayee Institute of Mountaineering and Allied Sports, Manali, Himachal Pradesh for 50 participants from 18-27 June, 2016. The main objective behind this training is to empower youth and to inculcate qualities like working together to achieve the common objective and how to deal in the crisis situation. The training was concluded on 27th June, 2016.

## **Training of Trainers of DYCs of NYKS**

Rajiv Gandhi National Institute of Youth Development, Regional Centre, Chandigarh in collaboration with Nehru Yuva Kendra Sangathan, Punjab and Chandigarh zone organized a three days Training of Trainers for 20 NYKS District Youth Coordinators from states of Haryana, Himachal Pradesh and Punjab from 23-25 June, 2016. The training is organized in order to train the DYCs on various topics so that they can replicate the learning when they go back to their respective States and further train National Youth Corps Volunteers. The training program was inaugurated by Sh. Vivek Pratap Singh, IAS, Secretary, Youth services and Sports, Govt. of Punjab. Various topics covered in the three days long training is challenges in understanding youth psychology, handling social media, life skills, flagship programmes of GOI and State and Community Mobilization.

## **ToT on Effective Facilitation Skills**

Every day supervisors, managers, team leaders and others are asked to facilitate a wide range of activities from meetings to problem-solving sessions to Team Building or Conflict Resolution. Facilitation is more complex than simply presenting or managing a meeting or session. Keeping in view the importance of Effective Facilitation Skills, RGNIYD Regional Centre

organized a Training of Trainers on Effective Facilitation Skills from 27th June to 3rd July, 2016. Fifty professionals from various education backgrounds consisting of the NSS program officers joined the training from States like Uttar Pradesh, Rajasthan, Uttarakhand, Delhi, Punjab, Haryana and Chandigarh.

## **CAPACITY BUILDING /ORIENTATION PROGRAMMES**

### **Orientation programme to Philosophy students, Don Bosco Youth Services**

The Department of Social Engineering conducted One day orientation programme to Philosophy students, Don Bosco, Youth Services, Chennai on 4th May, 2016. There were 16 students who participated in the programme. Sessions on understanding youth, life skills for youth, National Youth Policy, 2014, Role of Youth in Innovation and Social Entrepreneurship were handled by the faculty members of Department of Social Engineering. Mr. Anil D'Souza, II year student, M.A. Youth Empowerment presented his research study findings on Youth employability Skill Assessment. The participants had also made campus visits to understand the activities and facilities available at RGNIYD.

### **Training on Youth Employability**

The Department of Development Studies, RGNIYD organized a Training on Youth Employability for SC/STs' in collaboration with Alagappa University, Karaikudi, Tamilnadu from 28 – 1st April, 2016. The training programme was given for SC/ST Students to develop their employability skills. Forty five girls students from various colleges in the Sivaganga Districts participated in the training.

### **Capacity Building Programme on First Aid**

Department of Local Governance organised a capacity building programme on First Aid at RGNIYD during 15-16 April 2016. Prof. R Manickam, Secretary, Indian Red Cross Society, Kancheepuram District was the key resource person. Sessions on Components of First Aid, Basic Life Support and First Aid in Emergency situations were conducted. As part of the practical session, thrust on application of CPR, handling of persons with head injury/ spinal injury, snake bite, etc. was conducted.

### **Training on Life Skills, 22 – 24 April 2016 at RGNIYD**

The RGNIYD conducted a three day “Training on Life Skills” for the 16 College students (both male and female) who belong to Scheduled Caste. The training was held at RGNIYD, Sriperumbudur from 22 – 24 April 2016. The aim of this training is to prepare the youth for employment potential. The College youth were trained on 10 core life skills, goal setting and time management, career guidance and employability skills. The training was facilitated by a team of Faculty members and co-facilitated by the students of M.A Life Skills Education.

### **Training on Life Skills, KishanBhawan, Pali, Rajasthan**

The RGNIYD in collaboration Nehru Yuva Kendra, Rajasthan organized a five day “Training on Life Skills” for the 40 tribal and scheduled caste youth (32 male and 8 female). The training was held at Kishan Bhawan, Pali, and Rajasthan from 25 – 29 March 2016. Five days Residential Training was inaugurated by Mr. S.S. Joshi, District Youth Coordinator, NYKS on 25th March 2016. The Member of Parliament, Pali, Rajasthan Shri.P.P. Choudhar visited and interacted with the youth during the training programme. Training on the basic/core life skills were imparted to the youth through different training methodologies.

### **Exchange-cum-Orientation programme on Enabling Leadership**

Department of Local Governance organised an Exchange cum Orientation programme on enabling leadership for youth volunteers from different Districts of Jammu and Kashmir at RGNIYD during 24-27 April 2016. The programme included sessions on various aspects of youth leadership, life skills, analysis of youth status, youth policy, Sansad Adarsh Gram Yojana, Sustainable Development; Community Based Disaster Management, etc. A total number of 41 youngsters (21 male and 20 female) participated in the programme.



### **Professional Development Programme for NSS Officials**

Professional Development Programme for NSS Officials was organized by RGNIYD RC Chandigarh from 23 May to 1 June, 2016. Dr. Girish K. Tuteja, Director, Directorate of NSS and Captain Subhash Chand, Regional Director, NSS were present for the inauguration of the programme. This training ensured a better understanding of the work culture of NSS among the NSS Officials. 20 young professionals from various states attended this training and various experts from different fields took the sessions.



### **Tribal Training and Capacity Building**

#### **Capacity Building of Tribal Youth in Good Livestock Practice**



In Wayanad tribal youth's role in agriculture does not stop in crop production but encompasses other sub-sectors of agriculture such as livestock and fisheries. They are also rearing small livestock such as sheep, goats and pigs as well as poultry. Under 'YuvaJyoti' a collaborative project of RGNIYD and MSSRF Wayanad, 42 young people were trained in good livestock management (17 Men, 25 Women) from 6-8 April, 2016. The programme mainly covered the theory and practical demonstration on modern scientific management of pig, poultry, goat and fishery farming besides livestock based integrated farming system for effective utilization of on-farm resource

### **Capacity Building of Tribal Youth in Fruits & Vegetable Processing**

Fruits and vegetable processing plays an important role in Tribal culture. Towards achieving this, RGNIYD and MSSRF, Wayanad had organised a three day capacity building programme on Fruit and Vegetable processing from 25-17 April, 2016. The objective of the Capacity Building was to assist landless tribal youth to improve their quality of life by increasing their income from sustainable small-scale food processing enterprises. This was achieved in the three day programme by transferring information and expertise in food processing enterprise through resources persons from NABARD, KVASU and Farm Federation of Kerala. 52 young men and women (17 and 35 respectively) attended the programme.

### **Capacity Building of Tribal Youth in Apiary Beekeeping**

There are a good number of smallholder beekeepers available among the tribes of Wayanad, Kerala but they have not enough knowledge about the functionality of bees. Moreover, they lack income to buy protective clothing and equipment. Training and capacity building sessions allow beekeepers to radically improve their beekeeping practices. In order to add value to the marketing activities, and to make them able to raise the family income, RGNIYD and MSSRF jointly organised the capacity building programme for tribal youth at Amabalavayal, Wayanad on modern practices in beekeeping. And 40 youth (M 26, F 14)

participated in the three day programme from 11-13 May, 2016. Theoretical as well as practical sessions were held on sustainable beekeeping practices. Practical sessions were held at beekeeping farms at Amabalavayal.

### **Capacity Building of Tribal Youth on Precision farming**

Tribal youth in Wayanad are engaged in various farming activities such as planting, weeding, harvesting and processing, storage and marketing agricultural products and many of the tribes in Kerala are agricultural labourers. They are directly involved in the production of some important crops like yams, maize, ragi, ground nuts etc. However, the tribal farmers require knowledge about appropriate technologies to enhance their livelihood and income through farming. The tribal farms comes under marginal farming which may sometime not covered under irrigation projects, therefore to equip young tribal farmers of Wayanad with proper Water Management Information in the form of precision farming, RGNIYD and MSSRF organized a three day capacity building programme on 'Precision Farming' under the YuvaJyoti project from 6-8th June, 2016. Hands on experience in handling and operating precision farming were provided to the young farmers by experts in the field and the programme was held at MSSRF Wayanad. 42 Tribal youth (26 M, 16 F) attended the three day capacity building programme.

### **Capacity Building of Tribal Youth Mushroom Cultivation**

With a pro-livelihood approach, YuvaJyothi project of RGNIYD and MSSRF, focusing upon Tribal youth to improve their livelihood options, organised a three day capacity building programme for tribal youth in Mushroom Cultivation at MSSRF Wayanad from 20-22, June, 2016. 32 Tribal youth (18 M, 14 F) participated in the programme.

## EXTENSION ACTIVITIES

### **Ilanthalir Community Radio Station, RGNIYD**

The Ilanthalir Community Radio Station RGNIYD recorded 59 programmes on 7 topics and broadcasted in and around Sriperumbudur, targeting the students, Youth & local community in the month of May, 2016.

### **Neighbourhood Community Development Programme Kachipedu Village, Sriperumbudur Block**

The RGNIYD and the International Lions Clubs International, (District 324A, Region 5) initiated Neighbourhood Community Development Programme / Village Adoption by extending resources and technical support for the development of the Kachipattu Village. Dr. S. Lalitha, Assistant Professor and the members of the International Lions Club made a preliminary visit on 10th June, 2016. Besides, a team of faculty members from all the departments of RGNIYD made a visit to Kachi Pattu village on 16th July, 2016, to explore the possibilities of conducting a need based training programmes for the villagers. It is proposed to work out a detailed action plan based on mutual understanding between RGNIYD and the International Lions Club.



### **Career Guidance and Motivational Talk**

One day career guidance and motivational talk was organized by RGNIYD RC, Chandigarh on 11th May, 2016. Mr. Stanzin Dawa, Regional

Coordinator, RGNIYD RC, Chandigarh and Dr. T. R. A. Devakumar, Registrar, RGNIYD were the main speakers. Dr. T. R. A. Devakumar mainly focused on the need for a positive attitude. Over 40 students along with the RGNIYD RC Staff attended this talk. The main objective of this programme was to make the students well aware about the career options available to them in their respective field and also motivate them to do better in lives.

## ACTIVITIES CONDUCTED FOR NORTH EASTERN STATES

### **Training of Trainers on Career Guidance and Counselling held from 19th - 23rd April 2016 at Mount Sinai School New Lainwang, Khonsa, Arunachal Pradesh.**

The ToT on Career Guidance and Counselling was held during 19-23 April 2016. The Program was conducted for 35 (25 Male and 10 Females) Teachers of Higher Secondary Schools Mount SINAI School New Lainwang, Khonsa District, Arunachal Pradesh. The participants were mostly from the remote area of the State who have no opportunity to expose themselves to training programmes on Guidance and Counselling. The Training was practical oriented and hands on experience were provided through practice sessions on Career Guidance & Counselling. Mostly the programme was devoted to methods and strategies of Group Career Guidance & few sessions were focusing on Individual personal Career Counselling.

### **RGNIYD & CIRDAP collaborative Workshop on ICT enabled Entrepreneurship Development Programme based on eSheBee Model, Bangladesh**

RGNIYD and Centre for Integrated Rural Development for Asia and the Pacific (CIRDAP) jointly organized a Workshop on ICT - enabled Entrepreneurship based on SheBee Model, Bangladesh which was held at NIRDPR, Guwahati, Assam from 6th to 8th June 2016. The objective of the Workshop was to create awareness and orient various stakeholders on ICT-based Rural Women Entrepreneurship based on best practices in Bangladesh (eSheBee model), to explore opportunities for replication of eSheBee model and to deliver the methodologies for rolling out ICT Based Rural women

Entrepreneurs among representatives of potential local entities in Assam. 17 representatives (11 men, 6 women) from the development sector participated in the program.

### IMPORTANT DAYS/EVENTS

The World Health Day was celebrated by the Department of Development Studies on 7th April 2016 at RGNIYD. The World Health Organisation had earlier declared that the theme of the World Health Day 2016 is 'Beat Diabetes'. On the above occasion, a special lecture was conducted to create awareness among the students about diabetes. The title of the special lecture was 'Understanding Prevention and Control of Diabetes' delivered by Mrs. Saulina Arnold, Executive Director, Tamil Nadu Voluntary Health Association (Retd). Faculty and students from various departments participated in the programme. The total number of participants was 47. Prof. T. R. A. Devakumar, Registrar, RGNIYD welcomed the gathering. Dr. Pitabasa Sahoo delivered vote of thanks



### Celebration of National Panchayati Raj Day

Department of Local Governance organised the National Panchayati Raj Day on 24 April 2016 by bringing out a rally for spreading the messages of 'Gramoday Se Bharat Uday' and Voter awareness in line with the forthcoming Assembly Elections in the State of Tamil Nadu. The rally started from RGNIYD and concluded at Sriperumbudur Bus stand. Students of RGNIYD and participants of a training programme on Enabling Leadership from Jammu and Kashmir

enthusiastically participated in the rally.

### Observance of International Day of Yoga

The Rajiv Gandhi National Institute of Youth Development (RGNIYD) observed the 2nd International Day of Yoga at Sriperumbudur on 21.06.2016 in collaboration with Brahma Kumaris, Tamil Nadu Region. Nearly 200 participants, including students from various schools in Sriperumbudur along with the students and staff of RGNIYD participated in the programme.

Dr. P. Baskaran, Yoga Expert and practitioner demonstrated different yoga Asanas and explained the importance of Yoga in leading a healthy life style. All the participants were trained to practice the different asanas and were allowed to perform under the guidance of the yoga expert. Following the Yoga session, Shri B. K. Easwaran of Brahma Kumaris led the session on Raja Yoga Meditation which emphasised on the skills for coping with emotions, developing self-esteem and confidence, improving memory through yoga and meditation. In addition to the yoga and meditation session, a Poster Exhibition on Yoga was arranged to create awareness on the importance and benefits of Yoga among the youth. A documentary on 'Yoga for Health and Wealth' also was screened followed by Q&A sessions on Health and Yoga.



**RGNIYD Regional Centre, Chandigarh also observed the 2nd International Yoga Day in its beautiful campus in Chandigarh.**





**Anti-terrorism day on 20th May 2016 at RGNIYD**



The RGNIYD, Sriperumbudur observed Anti-terrorism day on 20th May 2016. As a part of the observance, pledge on Anti-terrorism was administered by the Registrar among the Teaching and Non-teaching staff members and students, followed by the plantation of saplings in the campus of RGNIYD.

### **World Environment Day 2016**

In observance of World Environment Day 2016, RGNIYD RC organized a session and the tree plantation at its campus on 5th June, 2016. Since this year the theme of World Environment Day was Go Wild for Life, an interactive session on the same was facilitated by Dr. Sudeep Agnihotri. He called for action against the illegal trade in wildlife products. He focused that the killing and smuggling of endangered species not only threatens global biodiversity, but it undermines economies, fuels organized crime and feeds corruption. The session was followed by tree plantation by the participants which aims at enhancing green cover in the region.



*The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education.*

Martin Luther King, Jr.

## **RGNIYD NEWSLETTER**

**January – March 2016**

**OIGS**

**BOOK-POST**

**PRINTED MATTER**



### **Rajiv Gandhi National Institute of Youth Development**

An Institution of National Importance by the Act of Parliament No. 35/12  
Ministry of Youth Affairs and Sports, Government of India  
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