

## Curriculum Vitae



**1. Name:** Dr. Anbu Kavitha

**2. Nationality:** Indian

**3. Address for Communication:**

Department of Sociology,  
Rajiv Gandhi National Institute of Youth Development,  
Institute of National Importance, Ministry of Youth Affairs and Sports,  
Sriperumbudur, Tamil Nadu

**4. Academic Qualifications:**

- Ph.D in Sociology from Periyar University, Salem, Tamil Nadu(2017)
- M.Phil in Sociology Bharathidasan University, Tiruchirappalli, Tamil Nadu (2003)
- M.A in Sociology (1996)
- B.Sc in Home Science (1994)

**5. Areas of Specialization:** Sociology of education, Sociology of family and childhood, Development Communication,

**6. Current Research Interest:** Sociology of environment, Social inclusion and exclusion, Development studies , Sociology of development, Sociology of Health

**7. Present Position:** Assistant Professor, Department of Sociology, Rajiv Gandhi National Institute of Youth Development (RGNIYD)

**8. Immediate Past Position:** Assistant Professor, Department of Development Studies, RGNIYD

**9. Other Important Academic and Administrative Assignments:**

- Member, Institutional Ethics Committee, RGNIYD
- Joint Secretary, Alumni Association, RGNIYD
- Former Warden, Women's Hostel, RGNIYD
- Member, Board of Studies, Department of Sociology
- Member in various other administrative/ academic/ programme committees, RGNIYD

**10. Total Teaching Experience:** 14 years

**11. Total Research Experience:** 14 years

**12. Training Experience:** 12 years

### 13. Invited Lectures Delivered in the Last Three Years:

1. *Unexpected Pandemic Situation and its implications on women and children in India* at National Seminar on COVID and Social Life organised by Dept. of Sociology University of Madras Chennai on 18.3.2021
2. E-lecture on *Environment and Sustainability: A Sociological Perspective* Organised by Post Graduate and Research Department of Economics, The New College (Autonomous), Chennai on 22.12.2020
3. Delivered special lecture on '*Youth And Health*' as invited speaker in a plenary session of National colloquium organised jointly by Department of Sociology, University of Madras and Research Committee 1 2: Sociology of Health, Ageing and Well-Being Indian Sociological Society on 17th and 18th October 2019
4. Strategies for Effective Communication in Capacity Building programme for women managers in Higher Education at Dept. of Public affairs, University of Madras on 24.4.2019
5. National Youth Policy in ETI- Orientation Training Programme for NSS Programme Officers, at Manonmaniam Sundaranar University, Tirunelveli, 22.04.2018
6. *Gender and society* in ETI- Orientation Training Programme for NSS Programme Officers, at Manonmaniam Sundaranar University, Tirunelveli, 20.04.2018
7. Chaired a session on '*Health Policy and Programmes in India*' in the above National Colloquium
8. Self-Awareness and Self Confidence and Self Esteem, Positive Thinking Management of Stress and conflicts in Training of Trainers programme on Youth and Peace Building at NIRD & PR – NERC, Guwahati, Assam 21.9. 2017
9. *Social conflicts* in Training of Trainers programme on Youth and Peace Building at NIRD & PR – NERC, Guwahati, Assam 19.9. 2017
10. *Effective Communication and Inter Personal Relationship* in ToT on Life Skill Education Programme for NSS Programme Officers at Sri Ramachandra Medical University, Chennai On 30.08.2017
11. Self-awareness and Empathy for NSS programee officers in ToT on Life Skill Education Programme for NSS Programme Officers at Sri Ramachandra Medical University, Chennai on 29.8.2017
12. Training session on Interpersonal relationship for NSS programee officers ToT on Life Skill Education Programme for NSS Programme Officers organised by CTOCB, RGNIYD and Sri Ramachandra Medical University, Chennai.
13. *Personal Management (Health and Hygiene)* during Life Skill Training for Adult Girls with Multiple Disabilities at RGNIYD on 23.5.2017
14. *Self-help and Daily Living Skills* during Life Skill Training for Adult Girls with Multiple Disabilities at RGNIYD on 24.5.2017
15. Personality development - Self-awareness , Self-confidence during the Visit of Tribal Youth from Odisha, Chhattisgarh and Jharkhand to RGNIYD on 27/01/2017
16. Leadership Qualities for the youth in Workshop on Peace Education and Leadership at Chellammal College, Chennai on 18-18 JAN 2017.

#### **14. Conference/Workshop/Seminar Attended in the Last Three/Five Years: List Annexed**

#### **19. Member of any Academic Body:**

- Member, Board of Studies, Department of Sociology, RGNIYD
- Member, Indian Sociological Society (ISS)

#### **20. List of Publication in the Recognized Journals (last five years): List Annexed**

#### **21. Any Other Relevant Information:**

- Organised two days National Level **Workshops on Academic Writing** The objective of the workshop is to familiarise the fundamentals of social science research methodology, to inculcate the knowledge on scientific academic writing. Budding academicians, Research scholars and students from various Central and state universities, Colleges, and other research institutions all over the country participated.
- Organised capacity building programmes for **Women Managers in Higher Education**. More than 100 women academicians, researchers from various Universities, Colleges and research institutions participated in the programme.
- Nominated and acted as one of the group leader to lead the **Youth Delegation** (student youth from various institutions (IITs, IIMs, NITs, Central Universities, AIIMS and RGNIYD), NSS and NYKS volunteers, professionals, artistes and sports persons.) to China under bilateral youth exchange programme of Ministry of Youth Affairs and Sports, Govt. of India from July 1-9, 2019
- As one of the Committee Member, contributed for preparing the syllabus on **Youth and Volunteerism** for ASEAN countries
- Nodal officer for coordinating the **Port of Call Activities & Next Generation Global Leaders Programme – Ship for World Youth** 2015 from 9th-12<sup>th</sup> Feb 2016 at Chennai, Tamil Nadu, official host, Rajiv Gandhi National Institute of Youth Development. The objective of the programme was to broaden the global view of the youth, to promote mutual understanding and friendship as well as to cultivate the spirit of international cooperation and to enable the youth to develop their competencies to demonstrate leadership in various area of the global society. “Nippon Maru” ship from Yokohoma with 240 Overseas Participating youth (OPY) from Australia, Kindom of Bahrain, Republic of Chile, India, United Mexican States, New Zealand, Russia Federation, Sri Lanka, Tanzania, & United Arabian Emirates arrived at Chennai Port were the participants.
- Nodal officer, coordinating from RGNIYD for the **15th Pravasi Bharatiya Divas**, held at Bengaluru, Karnataka from 7-9 January 2017, organised by Ministry of External Affairs
- Establishing RGNIYD as one of the **Empanelled Training Institution(ETI)**, and conducted series of Training programmes for the Newly inducted NSS Programme Officers.
- Co-ordinator, SWACHHTHA ABHIYAN
- Organised Inter-state Youth Exchange Programmes, National Integrations camps. Communal Harmony Fortnight

- Being one of the co-ordinator, organised one month long **Rajiv Gandhi National Youth Leadership Programme (RGYLIP)**
- Resource person for Police Training Academy, Vandalur, Tamil Nadu.
- Conducted various Training of Trainers/ Capacity building/Orientation/Sensitization programmes for NSS officers, NYKS officials, Volunteers, Students across the country on various themes.viz., Social Harmony and Human Rights, Tribal Youth as Social Animators, Environment, etc.,
- MoU with Tamil Nadu Tribal Welfare Department to conduct training programmes for the Tribal youth at various parts of Tamil Nadu.
- Delivered interactive/live programmes in All India Radio and Community Radio Station

## **Dr. Anbu Kavitha**

### **Publications**

#### UGC CARE LISTED:

1. Published a research article titled “‘Influence of Social media among school going students of Tamil Nadu’ Published in Shodha Prabha; ISSN 0974-8946 Volume-47, Issue-1, No.12 : 2022 Page no. 235-244 UGC Care Approved, Group I, Peer Reviewed and Referred Journal.
2. Published a research article titled ‘Menstrual hygiene Management: Socio-cultural Challenges faced by the Adolescent Girls in India’ in Journal of Modern Thamizh Research – A quarterly International Journal ISSN: 2321-984X Volume 9 No.4, pages 608-619 in October – December 2021 issue.

#### Chapters in Edited Books:

1. Published a book chapter entitled “YOUTH AND HEALTH: AN OVERVIEW OF FEMALE YOUTH CHALLENGES AND NEEDS IN INDIAN SCENARIO ” Published by Department of Human Resource Management Dr. MGR Educational and Research Institute, Adayalampattu Phase II Campus, Maduravoyal, Chennai – 95. **ISBN: 978-93-5593-750-6.**
2. Published a paper on ‘Environment awareness among secondary school students at Tamil Nadu’ Health Environment and Society, published by APH Publishing Corporation, (ISBN 978-93-88316-23-1), 4435-36/7, Ansari Road, Darya Ganj, New Delhi, 2019.

3. 'Mentally retarded children and their social environment', Health and Social Work Practices : New Frontiers and Challenges, Edited by Anand Jerard Sebastine and M. Gabriel, Authorspress, 2011, ISBN : 8172734879.
4. 'Impact of Globalisation on the Poor Sections of India', Relevance of Socio-Economic Thoughts of Dr. Ambedkar Today, Edited by Dr. S. Chinnammai, Serials Publications, 2011. ISBN-8183873294.
5. "Children in the Dual career families- a Sociological Study" "Professional Social Work in India-Rhetoric and the Reality", Western Publication, Coimbatore. ISBN 978-81-9074-896-4.
6. "Socio-Economic Conditions of Tribal People in India", Journal of Andhra Pradesh Sociological Society, 2008.

CONFERENCE/WORKSHOP/SEMINAR PRESENTED AND PARTICIPATED

Sl. No.	Title/Subject of papers presented	Title of Conference / Seminar / Symposium / etc.	Whether International / National/ Regional/ Institutional level	Organized By (Name of The University / Institution)	Period
1.	A Sociological Analysis of Substance Abuse among the Youth: Concerns and Discourses in Indian context"	Youth Global Summit: International Conference	International Conference	RGNIYD through online mode in association with UN Volunteers - India, Institute for School-based Family Counselling, USA and National Institute of Technology - Uttarakhand, India and sponsored by the Indian Council of Social Science Research, Ministry of Human Resource Development, Government of India.	March 15 - 17, 2022
2.	Rights of the Scheduled Tribes in India"	International Conference on Human Rights Fundamentals: The Indian Perspective.	International	Kodaikonal Christian College	24.09.2021

	Awarded as the best presenter in the conference.				
2	'The Impact of Covid-19 on the Well-being of Women in India	Research Committee-12 Sociology of Health, Ageing and Well-being", of Indian Sociological Society in the 46th All India Sociological Conference (Online)	National	University of Mumbai, Maharashtra	8 th , 9 th and 10 th December 2021,
3	'Social determinants of Health among India Youth",	Research Committee-12 Sociology of Health, Ageing and Well-being", of Indian Sociological Society in the 46th All India Sociological Conference (Online)	National	University of Mumbai, Maharashtra	8 th , 9 th and 10 th December 2021,
4	Environment awareness among secondary school students with special reference to Jawadhu hills,	ICMR National Workshop on Health, Environment and Society	National	Department of Sociology, University of Madras	19th and 20th September 2018

**Orientation course, Research Methodology Course, Faculty Development Programs etc.**

<b>Sl. No</b>	<b>Name of Course attended</b>	<b>Sponsoring Institution</b>	<b>Duration</b>
<b>1</b>	<b>One month Faculty Induction programme.</b>	<b>Ramanujan College, New Delhi under PMMMNMTT scheme of Ministry of Education</b>	<b>20.1.2022-19.02.2022</b>
1.	Two week FDP on Engendering Research with Feminist Research methods (FDP)*	Dept. of Women's Studies, Bharathidasan University	16.6.2020-29.6.2020
2.	Revisiting Life through positivity	Sri Saraswathi Tyagaraja College, Pollachi	1 May 2020
3.	Impact of Covid 19 on WASH Rural India	Centre for Policy and Research	6 <sup>th</sup> May 2020
4.	Challenges in Building collaborations in Research and Innovation	Dr. M.G. R. Educational and Research Institute	9 <sup>th</sup> May 2020

5.	International FDP on‘ How to write Effective Case Study?’ (FDP)*	ATMIYA University, Rajkot ], Gujarat	2.05.2020
6.	International Conference on Pandemic Pedagogy in Higher Education	Bharathiyar University and Sikkim Central University	13 <sup>th</sup> May 2020
7.	COVID 19 Environmental Sustainability and Opportunities for Innovative models	Bharathidasan University	14.05.2020
8	World Menstrual Hygiene Day 2020: Breaking the Silence Way forward	Cauvery College, Tiruchirappalli	28.05.2020
9	Mastering the art of handling Covid 19 challenges for sustainable development.	Dr. M.G. R. Educational and Research Institute	19-23 May 2020
10	Rethinking social change in South Asia amidst Covid 19	Kamala Nehru College, University of Delhi	21.5.2020
11	Impact of Covid 19 on Indian Economy	Kristu Jayanthi College, Bengaluru	13.5.2020
12	Behavioural Changes in the Post Covid 19	Madurai Kamaraj University	28.5.2020
13	Workshop on Academic Writing	RGNIYD	20-25 June 2020



14	National Webinar on Indian Higher Education	Indian Intellectuals Forum	28 <sup>th</sup> June 2020
15	Well being of Women and Children in the time of COVID 19	National Institute of Disaster Management	25 <sup>th</sup> July 2020
16	Emerging trends in Cyber Crime: Issues and Challenges	Chettinad Academy of Research and Education, CoJER & IJM	27 <sup>th</sup> July 2021
17	International FDP Series	Arignar Anna Govt Arts and Science College	28 <sup>th</sup> July – 1 August 2020

- Acted as Rapporteur for the technical session on 8<sup>th</sup> December 2021 in Research Committee-12 Sociology of Health, Ageing and Well-being”, of Indian Sociological Society in the 46th All India Sociological Conference (Online)
- Participated in Two Day International Webinar on "Addressing Gender Inequality And Social Inclusion" 22-23 Dec 2021 organised by West Bengal University
- Participated in Author Workshop: Understanding Publication workflow & Science Direct. On 21<sup>st</sup> December 2021
- National Webinar on “WOMEN AT WORKPLACE: IS GENDER EQUALITY STILL AT CROSSROADS?” on 04th December, 2021, hosted by Department of Education, West Bengal State University, West Bengal & sponsored by National Commission For Women, India.
- Participated in Lecture series on Contemporary Development Debates organised by HSS IIT, Patna under ICSSR –IMPRESS funded project, Topic: Media, Society and Culture delivered by Prof. Biswajit Das, Founding Director, Centre for Culture, Media and Governance, Jamia Millia Islamia, on 12<sup>th</sup> November 2021.
- Participated in the webinar on Ethics of publication at Indian Council of Medical Research, on Tuesday 23 November, 2021 Presented by Catriona Fennell Director Journal Service, Dr. Roli Mathur Scientist F and Head, ICMR Bioethics Unit.
- Participated in 2 days International Virtual conference on “Role and impact of Science and technology in Development of India” organised by Faculty of Science, Annamalai University on 22 and 23<sup>rd</sup> November 2021.
- Participated in a webinar on “Society after COVID 19 Crisis” on 20<sup>th</sup> Nov, organised by Sri Sai Baba Adarsh Mahavidhyalaya, Ambikapur, Sirguja, Chattisgarh.
- Attended Discussion on ‘Unpacking the political narrative on air pollution in India’ on 29.11.2021 organised by Centre for Policy Research. The speakers were Member of Parliaments across the country
- Participated in the One day International Webinar on Sustainable Water Resources Management in Asian Cities: Challenges and Opportunities on 25<sup>th</sup> October 2021,

organised by Andhra University, in association with United Nations University for the Advanced Study of Sustainability (UNU-IAS) and Indian Economic Association (IEA).

- Participated in the Commemorative webinar on “The Contributions of Kamla Bhasin to Women’s studies and Women’s movement” organised by Department of Women’s studies, Bharathidasan University Tiruchirappalli jointly with Dept. Of Women’s studies, University of Madras, Chennai and Regional Association for women’s studies on 6.10.2021.
- Participated in the WILEY webinar on Everything about open access publishing- researcher’s perspective on October 5<sup>th</sup> 2021.
- Participated in the International webinar on Sustainable water Resources management in Asian Cities: Challenges and opportunities organised by UN University Institute for the advanced study of Sustainability (UNU-IAS) on October 25<sup>th</sup> 2021.
- Participated in the Lecture series on Contemporary Development debates – Empowerment and m Health: an exploration organised by HSS, IIT Patna under ICSSR-impressed funded project on 9<sup>th</sup> October 2021.
- Participated in the World mental health day special lecture organised by Dept. of Pshchology, RGNIYD on October 11<sup>th</sup>.
- Participated in Special Lecture: Reading Gail Omvedt. Organised by TISS, Patna 4<sup>th</sup> Oct 2021.
- Participated in the webinar on the practice of sociology in India and Beyond on October 6<sup>th</sup> 2021.
- Participated in the ‘consultative workshop on New Social security code and strengthening of social protection system in India with particular reference to Eastern India’ on 24<sup>th</sup> September 2021
- Acted as a resource person, moderator and evaluator for the UGC-HRDC refresher course in Research methodology in Social Sciences in University of Madras on 25.9.21.
- Participated in the Workshop of WILEY on Winning the game of publishing research papers, raising your profile and extending the impact of publications on 7.09.2021.
- Actively participated in the special E-lecture on the “The Economic importance of wetlands: Results from a Case Study” delivered by veteran Prof. L. Venkatachalam, Prof. Madras Institute of Development Studies, organised by Post Graduate and Research Department of Economics, The New College, Chennai-14 on 20.09.2021.
- "Effective writing skills for promoting research - what do we need to know?" at Indian Council of Medical Research, on 13 December, 2021, Presented by Fernanda Ogochi Executive Publisher Pharmacology, Dr. Beena Thomas Former Head, Department of Social and Behavioral Research, National Institute for Research in Tuberculosis and Dr. Jeyashree Kathiresan Scientist D.
- Participated in the Three-day international Webinar on ‘MENTAL WELL-BEING OF TEACHERS’ organised by Faculty Development Centre, Tamil Nadu Teachers Education University, Chennai ( A Scheme of PMMMNMTT - FDC Project, Department of Education, Govt. of India, New Delhi) from 23/12/2020 to 25/12/2020
- Organised three Orientation lectures for the Fresher’s on various topics in 2020.

- Participated in 3 days International Conference on Buddhist Philosophy and its role in inculcating values among the Youth organised by RGNIYD and Indian Council for Cultural relations, GoI
- Participated in one day National webinar on Conservation of Environment for Sustainable Development as a commemoration of Swachh Bharat Mission