

Potential In Spirituality



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To put a full stop on worries caused by stress, anxiety and false evidences appearing real, we need to boost the spiritual immunity which has come down and need nourishment of mind with spiritual input for positive energy to flow. In order to build a New India, there is a need for

spiritual empowerment of the masses which is necessary and sufficient to survive, exist and excel in all the walks of life. It is essential to protect the minds of youth from being imbued by present state of growing intolerance and violence in the society. To fulfil our spiritual nature, we need to be selfless without selfishness being self-indulgent and self-motivated. We need to understand life as a spiritual journey with many obstacles and fall downs and ups as well. We have to go backwards just to go forward. We need to redouble our efforts for moving forward with morality, opulence, victory and empowerment.

Spiritual journey as soul is infinite with many twists and turns. Even if we commit mistakes, we should always get up and persist in continuing our spiritual journey. Let us understand, analyse, interpret and adopt spiritualism. By nature a human being want change the world, which needs efforts to strive for making a difference. To make the world better place for good living in future, we have to better ourselves. There are seven dimensions--north, south, east, west, up, down and spiritual. Let us not shirk our responsibility in the society as a soul. For becoming complete to prove our potential as a human being, we have to assume responsibility for others more than ourselves called as altruism. Let us improve ourselves continuously in our actions by realising our potential with policy implications for the society. Let us moderate our ideals with compassion. Let us fill our lives with spiritual values based on spiritual mathematics. We have to understand that our action have consequences. We have to adopt the virtue of mercy, compassion, love, dedication and devotion.

The process of personal transformation is called spirituality by knowing the secret of spirituality. Spiritual wellness involves values and believes provided guidance for living life. Search and research in meaning and purpose of human existence falls in the domain of spirituality. It is the state of harmony with oneself and others balancing of inner needs with the rest of the world around high. It involves meditation, prayers, affirmation, repentances, charity, compassion, mercy, kindness, capacity for love, forgiveness and tolerance to give spiritual upliftment to all including youth. It is everybody's moral responsibility for holistic personality development of Indian youth. Improve, improve and improve continuously is the most important requirements for becoming spiritualistic. To cope up crisis of all kinds, we must develop, vision, mission and goal towards the science of soul called spirituality. Let us assume responsibility for Indian youth to be spiritualistic.

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