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## SOUL MATTERS

# Real Heaven On Earth



PROF M M GOEL

**I**t needs to be understood, analysed and interpreted by the human being that nothing is permanent on the mother earth. The existence and nature of materialistic goods keeps on changing. Life also comes to an end after remaining in physical existence for every one of us and as such death rate is 100 per cent. Only human being is attached to the notion of heaven and hell after death which is inevitable. It is said in the religious scriptures and sermons that we should do good deeds so that we get heaven. The bad deeds lead to hell after death. It is debatable issue because no one has seen heaven or hell. It is a matter of faith what happens after the death one gets heaven or hell or rebirth. The serious introspection reveals that the heaven and hell is visible on this earth. The heaven and hell is not only visible on the day of the death, but every moment we can see it. We need to do serious thinking on heaven as a positive attitude towards oneself and others. One gets happiness when we do positive work in the society. This is real heaven. Life with real enjoyment, happiness, peace and good sleep is called heaven. The god is present on such occasion when real happiness, enjoyment and celebrations are taking place in this world otherwise full of materialistic miseries. The life with negativity gives birth to fear, sadness, tension, stress and crisis everywhere to all of us. Every moment one feels insecure with tensions of various kinds. It leads to restless sleep with the fear of the world knowing the truth of the negative actions as crime, corruption and terrorism. If the sleep has gone due to fear, tension and stress, the real happiness is missed in the life.

A story of Akbar and Birbal tells that how one can know that one has gone to heaven or hell after death. Birbal said that if the people of that area are sad internally on the death because of the good deeds till the life time of a person who was always helping, co-operative and supportive, the people will go to heaven. But if the dying person is criticized, accused and abused for his misdeeds, Birbal told that the person has gone to hell. To educate people, it has been said in the scriptures that heaven and hell will be determined after death on the positive and negative actions only. Let us be motivated to do good deeds during our life so that we are become blessed to be called free from life (Jiwan Mukti) before death and not to be worried of heaven after death as no one knows what happen after death. To reduce if not remove negativity, one needs to know oneself with devotion, dedication and determination which is capable of converting it into positivity for creating heaven on this earth only by reading and understanding the message of Bhagvad Gita and Anu-Gita wherein soul is immortal and death rate is zero. Let us understand this reality of life to be lived without fear of death and heaven thereafter.

